

## RETAIL MARKET AT A GLANCE

### Summary

#### Rice/ Paddy

Prices of samba grade I and nadu grade I have increased while the price of raw red rice has decreased. A significant price changes was not observed in major paddy varieties in most of the producing areas.

(Page No.01)

#### Other Field Crops

Prices of imported red onion and imported big onion have decreased by Rs.11.00/kg and Rs.16.00/kg respectively. Prices of both local and imported potato varieties have increased with the highest price increase noted for Nuwara Eliya potato. Prices of green gram and cowpea have increased while the price of red dhal has decreased.

(Page No.02-03)

#### Vegetables

Prices of most of the up country and low country vegetables have decreased. Considering the up-country vegetables, the highest price decrease was reported for beans followed by leeks and carrots. Among the low country vegetables, the highest price decrease was noted for brinjal.

(Page No.03-04)

#### Coconut

Prices of both large and small nuts have decreased. Prices ranged Rs.165.00-200.00 for large nut and Rs.150.00-180.00 for small nuts.

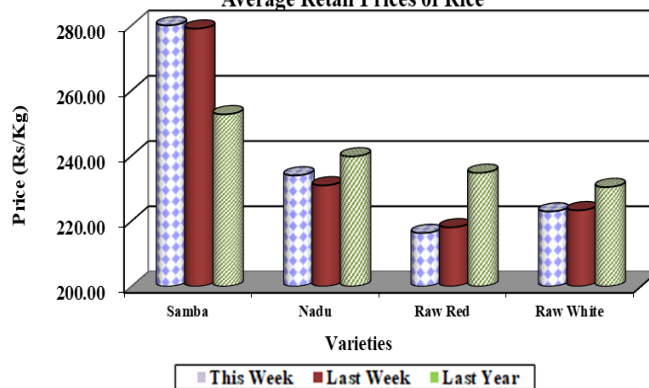
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#### Eggs

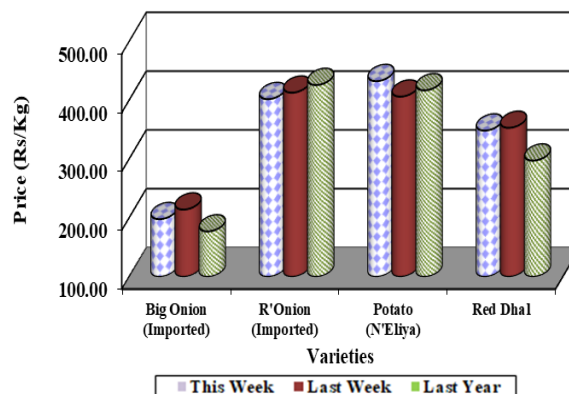
Prices of both brown and white eggs have increased by Rs.1.00/egg. Prices ranged Rs.44.00-45.00/egg for brown egg and Rs.42.00-43.00 for white egg.

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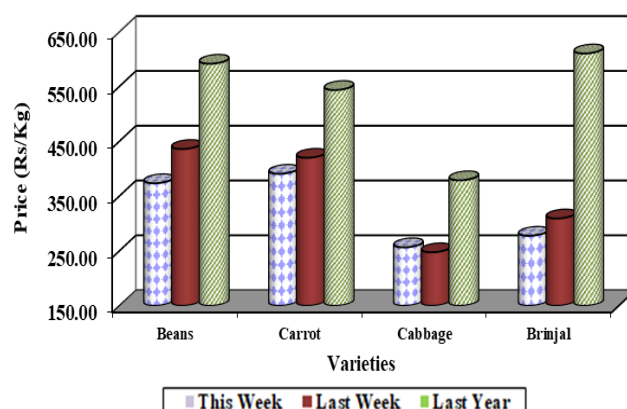
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



**Rice**

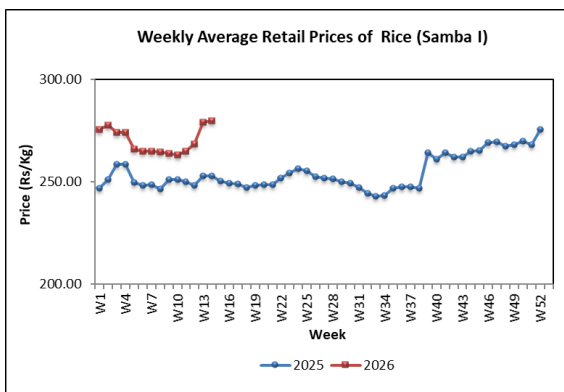
**Wholesale**

Prices of keeri samba has increased by 3% and price ranged and price ranged Rs.340.00-350.00/kg. Price of samba II and nadu II have also increased by 2%

Compared to same period of last year, the highest price increase of 23% recorded for keeri samba and the highest price decrease of 12% recorded for raw red.

**Retail**

Prices of samba grade I and nadu grade I have increased by Rs.1.00/kg and Rs.3.00/kg respectively while the price of raw red has decreased by Rs.2.00/kg. There is no significant change in the price of keeri samba and raw white.



Compared to the same period of the last year the highest price increase of 25% was recorded for keeri samba while the highest price decreased of 8% was recorded for raw red.

**Paddy**

There were no significant price changes reported this week for the main varieties of paddy. The price range for short-grain paddy was reported at Rs.125.00-140.00 per kilogram in the main producing areas with Rs.2.00/kg price drop was observed in Dehiattakandiya. However, the price of keeri samba paddy has decreased by Rs.9.00/kg in the Polonnaruwa area and Rs.2.00/kg in Anuradhapura and Rs.1.00/kg in Kalawewa. Price ranged at Rs.150.00-179.00/kg for keeri samba.

Similarly, the price of long-grain white paddy has decreased by Rs.1.00-3.00/kg in Polonnaruwa, Kalawewa, and Dehiattakandiya areas, with a price range of Rs.95.00-116.00/kg. Meanwhile, the price of long-grain red paddy has increased by Rs.8.00/kg in Matara area, and by Rs.1.00/kg in Hambantota and Embilipitiya areas.

Compared to the same period last year, the prices of short-grain (Samba) and keeri Samba paddy have increased by 2%-25% in most of the producing areas with the highest increase recorded for keeri samba. However, the prices of long grain white and red paddy have decreased by 11%-27%.

**Dried Chilies**

**Wholesale**

Price of imported dried chili has decreased by 2% and price ranged Rs.920.00-1000.00/kg.

Compared to the same period of last year, current wholesale price of imported dried chili has increased by 71%.

**Retail**

Price of imported dried chili has decreased by Rs.35.00/kg and price ranged Rs.1100.00-1300.00/kg.

Compared to the same period of the last year, current retail price of imported dried chili has increased by 44%.

**Onion**

**Wholesale**

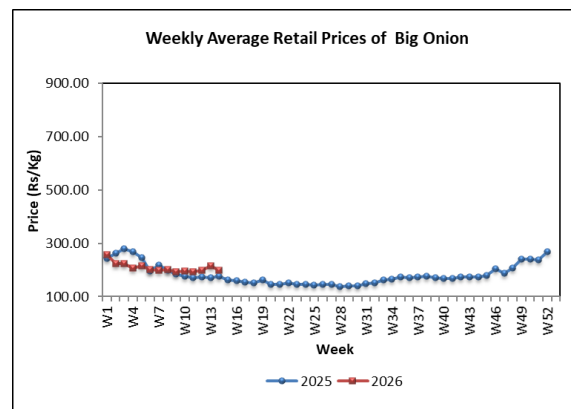
Price of imported red onion has not changed significantly and price ranged Rs.220.00-240.00/kg limited stocks of vedalan red onion were also available at the market and price ranged Rs.220.00-320.00/kg. Price of imported big onion have decreased by 23% due to availability of sufficient stocks and price ranged Rs.100.00-130.00/kg.

Compared to same period of last year, current wholesale price of vedalan and

imported red onion have decreased by 16% and 19% while the price of imported big onion has increased by 4%.

**Retail**

Prices of imported red onions and imported big onions have decreased by Rs.11.00/kg and Rs.16.00/kg respectively.



Compared to the same period of the last year, price of imported red onion has decreased while the price of imported big onion has increased by 2%.

**Potato**

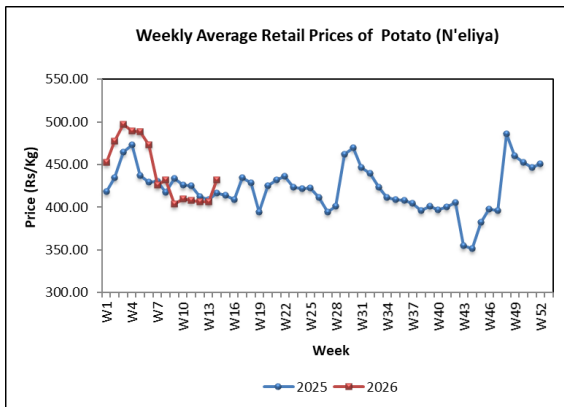
**Wholesale**

Price of both Welimada and Nuwara Eliya potato varieties have increased by 2% and price ranged Rs.250.00-270.00/kg for Welimada potato and Rs.280.00-320.00/kg for Nuwara Eliya potato. Price of imported potato has increased by 20% due to unavailability of sufficient stocks and price ranged 160.00-200/kg.

Compared to same period of last year, prices of Nuwara Eliya and imported potatoes have increased by 8% and 6% respectively.

**Retail**

Prices of all types of potato varieties have increased. The highest price increased of Rs.26.00/kg was recorded for Nuwara-Eliya potatoes.



Compared to the same period of the last year, Prices of Welimada and imported potatoes have decreased by 1% while the price of Nuwara Eliya potato has increased by 4%.

**Pulses**

**Wholesale**

Price of both white cowpea and red cowpea have decreased by 2% and price ranged of Rs.700.00-750.00/kg for both varieties. Price of red dhal has also decreased by 12%. However, price of green gram has

increased by 7% and price ranged Rs.800.00-875.00/kg.

Compared to same period of last year, price of all the pulses varieties have increased with the highest price increase of 34% was recorded for red cowpea.

**Retail**

Prices of all types of pulses varieties expect for red dhal have increased. The highest price increased of Rs.14.00/kg was recorded for white cowpea. However, price of red dhal has decreased by Rs.5.00/kg.

Compared to the same period of the last year, prices of all the pulses varieties have increased with the highest price increase was noted for white cowpea.

**Vegetables**

**Wholesale**

Prices of most of the upcountry and low country vegetables have decreased, with increased supply mainly from Nuwara Eliya, Badulla, Balangoda, Kandy, Puttalam and Dambulla areas.

Among the upcountry vegetable varieties, the highest price decrease of 33% reported for beans, with increased supply from Balangoda, Welimada, Hatton and Kandy. Similarly, prices of kholkhol and raddish

have also decreased by 16% and 12% respectively, due to increased supply from Nuwara Eliya, Dambulla and Puttalam, while the prices of other up country vegetables have decreased in the range of 2%-4%. However, the price of tomato has increased by 47%, due to decreased supply from Soorirawewa.

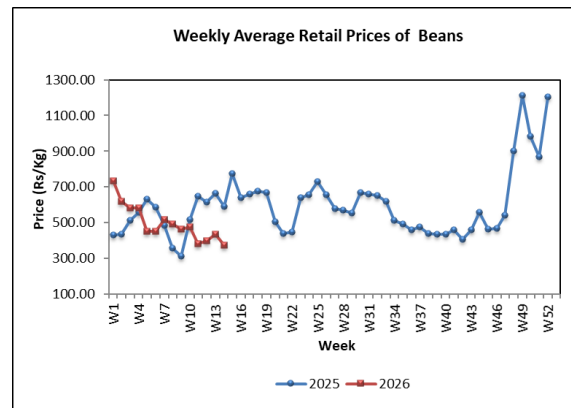
Considering the low-country vegetables, the highest price decrease was reported for brinjals as 42%, due to increased supply from Puttalam, Balangoda, Embilipitiya, Welimada, Jaffna and Hambanthota areas.

In addition, prices of long beans have also decreased by 18%, with increased supply from Balangoda, Embilipitiya, Puttalam and Hambanthota. While the prices of other low country vegetables except for lady finger, capsicum and snake gourd have also decreased in the range of 5%-16%. Due to decreased supply from Thalawakele, the prices of capsicum have increased by 17%. Prices of green chili and lime have gone up by 13% and 24% respectively with decline supply from producing areas.

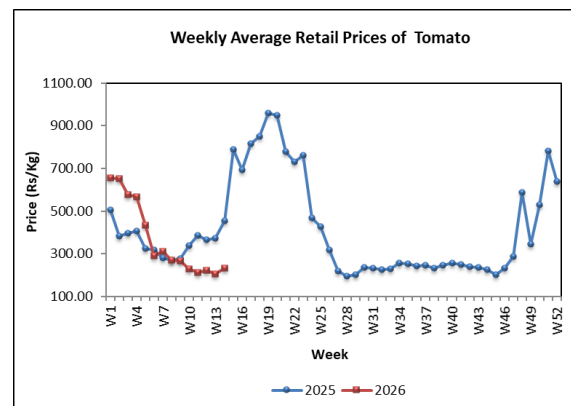
Compared to the same period of last year, the prices of most of the vegetables have decreased, with the highest price decrease of 84% reported for brinjal.

## Retail

Retail prices of most of the vegetable varieties have also decreased. Considering the up-country vegetables, the highest price decrease was reported for beans by Rs. 62.00/kg. While leeks and carrots have decreased by Rs.37.00/kg and Rs.29.00/kg respectively.



Considering low-country vegetable varieties, the highest price decrease was reported for brinjal by Rs. 32.00/kg and price of pumpkin has also decreased by Rs.20.00/kg.



Compared to the same period of last year, prices of most varieties have decreased with a highest price decrease of 39% reported for capsicum.

**Coconut**  
**Wholesale**

Prices of both large and small coconut have decreased by nearly 1%. Price ranged were Rs.155.00-165.00 for a large nut and Rs.135.00-145.00 for a small nut.

Compared to the same period of last year, current wholesale prices of both large and small nuts have decreased by 15% and 16% respectively.

**Retail**

Prices of both large nuts and small nuts have decreased by around Rs. 6.00/nut and Rs.1.00/nut respectively. Prices ranged were Rs.165.00-200.00 for a large nut and Rs.150.00- 180.00 for a small nut.

Compared to the same period of last year, the current retail prices of both large and small nuts have decreased by 11%.

**Fruits**  
**Wholesale**

Prices of most of the fruit varieties have decreased due to high supply to the market. The highest price decrease of 17% was reported for vilad mango. Further, prices of both ambun banana and karthakolomban mango have decreased by 16% and price of papaw has also decreased by 14% due to high supply from producing areas.

Moreover, prices of both anamalu banana and pineapple have decreased by 11% due to high supply. However, prices of orange (local) and imported grapes have increased by 17% and 13% respectively due to low supply to the market. Further, prices of ambul banana and kolikuttu banana have also increased by 13% and 11% respectively due to prevailed high demand in the festival season.

Compared to the same period of last year, prices of most of the fruit varieties have increased and the highest price increase of 89% was noted for slime apple.

**Retail**

In line with the decreased wholesale prices, retail prices of most of the fruits have also decreased. The highest price decrease of Rs.124.00/kg was reported for karthakolomban mango. Price of avocado, ambun banana and passionfruit have also decreased by Rs.114.00/kg, Rs.72.00/kg and Rs.69.00/kg respectively. Also, prices of papaw and anamalu banana have decreased by Rs.55.00/kg and Rs.47.00/kg respectively. However, the price of orange has increased by Rs. 68.00/kg.

Compared to the same period of last year, prices of most of the fruits have increased

and highest price increases was reported for slime apple 80%.

**Fresh Fish**

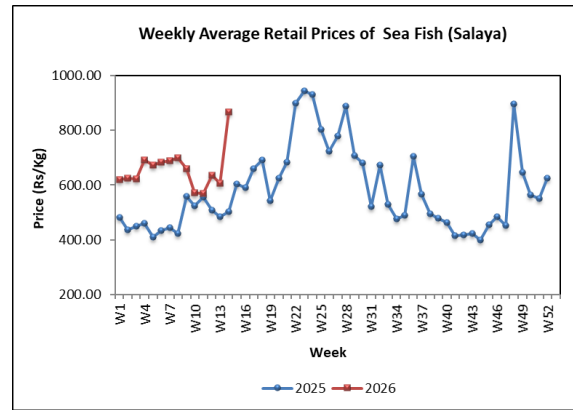
**Wholesale**

Wholesale prices of most of the fish varieties have increased, ranging between 8% and 93%. The highest price increase was reported for salaya, with a price range of Rs.750.00-800.00/kg. The second highest price increase of 27% was recorded for thalapath, with a price range of Rs.1800.00-2200.00/kg. Meanwhile, prices of prawn has decreased by 48%, with a price range of Rs.1250.00-1450.00/kg.

Compared to the same period of last year, prices of most fish varieties have increased, with the highest price increase reported for salaya.

**Retail**

Prices of all fish species except hurulla, balaya, mora and shrimp have increased. The prices increased by Rs.17.00-297.00/kg with the highest price increase was reported for thalapath. As well the prices of salaya and paraw have increased by Rs.263.00/kg and Rs.137.00/kg respectively. The highest price decrease was reported for balaya at Rs.177.00/kg.



Compared to the same period last year, retail prices of all fish species have increased in the range of 6%-73% with the highest price increase was recorded for salaya.

**Dried Fish**

**Wholesale**

Prices of most local and imported dried fish varieties have decreased, ranging between 1% and 7%. The highest price decrease was reported for imported sprats, with a price range of Rs.1150.00-1200.00/kg. The second highest price decrease of 3% was recorded for local thora, with a price range of Rs.2800.00-3000.00/kg. However, price of imported thora has increased by 10%, with a price range of Rs.3000.00-3200.00/kg.

Compared to the same period of last year, prices of most dried fish varieties have increased, with the highest price increase reported for imported sprats.

### **Retail**

Prices of all dried fish varieties except for salaya, imported sprats and local sprats have increased. The price increase was recorded in the range of Rs.121.00-300.00/kg. The highest price increase was recorded for thora. The second and third price increases were recorded for imported anguluwa and mora by Rs.260.00/kg and Rs.231.00/kg respectively. Prices of sprats and salaya have decreased with the highest price decrease of Rs.150.00/kg noted for imported sprats.

Compared to the same period last year, prices of all dried fish except salaya have increased in the range of 20%-33%. The highest price increase was recorded for imported balaya.

### **Eggs**

#### **Wholesale**

Prices of both brown and white eggs have increased by 3%. Accordingly, the price of brown egg ranged Rs.41.00-43.00 and Rs.39.00-40.00 for white egg.

Compared to the same period of last year, prices of both egg varieties have increased, by 6% for brown eggs of 9% for white eggs.

### **Retail**

Prices of both brown and white eggs have increased by Rs.1.00. Price ranged Rs.44.00-45.00/egg for brown egg and Rs.42.00-43.00/egg for white egg.

Compared to the same period of last year, retail prices of both brown and white eggs have increased by 10%.

### **Meat**

#### **Retail**

Retail prices of curry chicken, pork and mutton have decreased by Rs.104.00/kg, Rs.167.00/kg and Rs.39.00/kg respectively. However, price of broiler chicken has increased by Rs.26.00/kg.

Compared to the same period last year, prices of all meats have increased in the range of 10%-76% with the highest price increase was recorded for pork.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

**Table 01: Selected Markets: Wholesale Price of Rice (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	250.00 –	255.00	245.00 –	248.00	340.00 –	350.00	210.00 –	212.00	205.00 –	208.00	190.00 –	195.00	200.00 –	210.00
Divulapitiya	–		–		–		–		–		–		–	
Kurunegala	–		240.00 –	240.00	–		227.00 –	228.00	205.00 –	210.00	–		196.00 –	200.00
Nikaweratiya	–		238.00 –	240.00	345.00 –	350.00	224.00 –	228.00	190.00 –	195.00	–		188.00 –	192.00
Badulla	–		–		–		218.00 –	225.00	–		185.00 –	195.00	195.00 –	205.00
Puttalam	275.00 –	280.00	260.00 –	260.00	365.00 –	375.00	227.00 –	228.00	205.00 –	215.00	205.00 –	210.00	198.00 –	200.00
Dambulla	285.00 –	286.00	240.00 –	245.00	–		227.00 –	229.00	208.00 –	212.00	208.00 –	212.00	202.00 –	208.00
Anuradhapura	280.00 –	285.00	238.00 –	242.00	365.00 –	375.00	225.00 –	228.00	200.00 –	210.00	205.00 –	215.00	195.00 –	210.00
Tambuttegama	–		–		–		–		–		–		–	
Polonnaruwa	–		–		–		220.00 –	222.00	–		190.00 –	191.00	210.00 –	210.00
Kalutara	–		–		–		227.00 –	228.00	210.00 –	215.00	185.00 –	210.00	195.00 –	215.00
Ampara	–		–		–		–		210.00 –	215.00	173.00 –	185.00	188.00 –	192.00
09 Kandy	275.00 –	280.00	250.00 –	255.00	345.00 –	350.00	220.00 –	225.00	205.00 –	210.00	195.00 –	205.00	205.00 –	210.00
Moneragala	–		235.00 –	240.00	365.00 –	370.00	226.00 –	226.00	–		–		–	
Kegalle	–		–		–		–		–		–		–	
Dehiattakandiya	280.00 –	280.00	–		375.00 –	375.00	225.00 –	225.00	210.00 –	210.00	215.00 –	215.00	190.00 –	215.00
Hambantota	–		–		–		–		–		170.00 –	172.00	182.00 –	185.00
Matara	–		–		–		226.00 –	228.00	215.00 –	220.00	170.00 –	183.00	190.00 –	205.00
Galle	–		260.00 –	265.00	365.00 –	370.00	–		215.00 –	220.00	170.00 –	172.00	195.00 –	200.00
Meegoda	–		238.00 –	240.00	–		220.00 –	222.00	198.00 –	202.00	178.00 –	182.00	193.00 –	203.00
Tissamaharama	–		–		–		229.00 –	229.00	–		160.00 –	163.00	202.00 –	204.00
Embilipitiya	–		239.00 –	240.00	370.00 –	375.00	225.00 –	227.00	–		168.00 –	175.00	190.00 –	194.00
Jaffna	–		–		–		225.00 –	228.00	–		190.00 –	192.00	210.00 –	212.00
Vavuniya	–		–		–		220.00 –	225.00	–		180.00 –	190.00	180.00 –	185.00
Mannar	–		244.00 –	248.00	–		215.00 –	220.00	–		195.00 –	199.00	–	
Killinochchi	–		–		–		220.00 –	225.00	–		185.00 –	190.00	210.00 –	214.00
Mullattivu	–		–		–		220.00 –	225.00	–		180.00 –	185.00	205.00 –	212.00
Batticaloa	–		240.00 –	242.00	–		210.00 –	210.00	–		200.00 –	200.00	200.00 –	200.00
Trincomalee	–		240.00 –	240.00	360.00 –	360.00	220.00 –	225.00	–		195.00 –	200.00	205.00 –	210.00
Galenbindunuwew	–		239.00 –	239.00	–		227.00 –	229.00	208.00 –	218.00	215.00 –	218.00	204.00 –	215.00
Matale	–		–		365.00 –	370.00	227.00 –	228.00	205.00 –	210.00	200.00 –	210.00	190.00 –	210.00

**Table 02: Selected Markets: Retail Price of Rice (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Rice Varieties													
	Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
Colombo	275.00	285.00	-	-	370.00	390.00	230.00	240.00	-	-	200.00	220.00	210.00	230.00
Gampaha	-	-	240.00	240.00	-	-	230.00	230.00	215.00	220.00	215.00	220.00	210.00	220.00
Kurunegala	-	-	240.00	240.00	-	-	230.00	230.00	220.00	225.00	220.00	220.00	215.00	220.00
Nikaweratiya	-	-	240.00	245.00	350.00	380.00	230.00	235.00	195.00	205.00	-	-	190.00	200.00
Dambulla	285.00	290.00	250.00	260.00	370.00	380.00	230.00	235.00	215.00	220.00	215.00	220.00	210.00	215.00
Anuradhapura	285.00	290.00	240.00	245.00	375.00	380.00	230.00	235.00	210.00	220.00	210.00	220.00	200.00	220.00
Thambuththegama	290.00	290.00	240.00	250.00	370.00	380.00	230.00	230.00	210.00	218.00	208.00	218.00	205.00	215.00
Polonnaruwa	-	-	240.00	240.00	-	-	230.00	230.00	-	-	220.00	220.00	220.00	220.00
Kaluthara	290.00	290.00	240.00	260.00	360.00	380.00	230.00	240.00	210.00	220.00	185.00	215.00	200.00	220.00
Badulla	-	-	-	-	-	-	230.00	230.00	-	-	195.00	210.00	205.00	210.00
Keppetipola	270.00	280.00	-	-	-	-	230.00	235.00	226.00	228.00	214.00	216.00	217.00	220.00
Moneragala	-	-	240.00	245.00	370.00	380.00	230.00	240.00	-	-	185.00	190.00	190.00	200.00
Kegalle	-	-	-	-	-	-	230.00	230.00	225.00	225.00	220.00	220.00	215.00	220.00
Ampara	-	-	240.00	250.00	360.00	360.00	230.00	230.00	215.00	225.00	185.00	205.00	185.00	220.00
Dehiattakandiya	290.00	290.00	-	-	380.00	380.00	230.00	230.00	215.00	215.00	220.00	220.00	200.00	220.00
Nuwaraeliya	280.00	290.00	-	-	370.00	380.00	230.00	235.00	227.00	228.00	215.00	218.00	218.00	220.00
Kandy	280.00	290.00	255.00	260.00	380.00	390.00	230.00	230.00	220.00	225.00	210.00	220.00	215.00	220.00
Puttalam	285.00	290.00	265.00	275.00	380.00	390.00	230.00	230.00	215.00	220.00	225.00	230.00	210.00	220.00
Hambantota	-	-	230.00	240.00	-	-	-	-	-	-	160.00	175.00	190.00	200.00
Rathnapura	295.00	300.00	-	-	370.00	380.00	232.00	240.00	219.00	222.00	190.00	200.00	210.00	215.00
Matara	270.00	280.00	240.00	260.00	380.00	390.00	230.00	240.00	220.00	225.00	180.00	200.00	200.00	220.00
Galle	280.00	290.00	270.00	275.00	350.00	380.00	225.00	230.00	-	-	180.00	220.00	210.00	220.00
Tissamaharama	-	-	240.00	240.00	-	-	230.00	230.00	-	-	165.00	170.00	205.00	210.00
Meegoda (DEC)	-	-	240.00	245.00	-	-	230.00	230.00	220.00	220.00	190.00	200.00	210.00	220.00
Embilipitiya	-	-	240.00	240.00	370.00	380.00	230.00	230.00	215.00	220.00	170.00	180.00	210.00	220.00
Jaffna	-	-	-	-	-	-	230.00	235.00	-	-	195.00	200.00	215.00	220.00
Vavuniya	-	-	-	-	-	-	230.00	240.00	-	-	200.00	210.00	200.00	210.00
Mannar	-	-	250.00	260.00	350.00	360.00	230.00	235.00	-	-	199.00	200.00	220.00	220.00
Killinochchi	-	-	-	-	-	-	230.00	235.00	-	-	195.00	200.00	215.00	220.00
Mullaittivu	-	-	-	-	-	-	225.00	230.00	-	-	185.00	190.00	210.00	216.00
Batticaloa	-	-	248.00	255.00	350.00	365.00	-	-	220.00	225.00	205.00	205.00	205.00	205.00
Trincomalee	-	-	250.00	250.00	370.00	380.00	230.00	235.00	-	-	205.00	210.00	215.00	220.00
Hanguranketha	-	-	240.00	240.00	-	-	228.00	230.00	-	-	195.00	210.00	205.00	220.00
Veyangoda	-	-	240.00	240.00	-	-	230.00	230.00	210.00	225.00	215.00	220.00	210.00	220.00
Galenbindunuwewa	-	-	240.00	240.00	365.00	365.00	230.00	230.00	210.00	220.00	220.00	220.00	210.00	220.00
Bandarawela	-	-	-	-	370.00	380.00	230.00	230.00	218.00	220.00	190.00	200.00	195.00	200.00
Matale	-	-	260.00	270.00	370.00	390.00	230.00	230.00	210.00	220.00	210.00	215.00	210.00	215.00

**Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	920.00 - 1000.00	220.00 - 240.00	220.00 - 320.00	100.00 - 130.00	160.00 - 200.00	250.00 - 270.00	280.00 - 320.00	800.00 - 875.00	700.00 - 750.00	270.00 - 290.00
Kurunegala	980.00 - 1010.00	250.00 - 275.00	-	135.00 - 150.00	150.00 - 160.00	-	-	830.00 - 860.00	790.00 - 820.00	300.00 - 315.00
Nikaweratiya	980.00 - 1100.00	250.00 - 260.00	-	145.00 - 152.00	150.00 - 160.00	-	-	840.00 - 855.00	740.00 - 750.00	283.00 - 290.00
Dehiattakandiya	960.00 - 1100.00	300.00 - 300.00	350.00 - 380.00	140.00 - 180.00	160.00 - 170.00	-	320.00 - 380.00	700.00 - 800.00	750.00 - 850.00	290.00 - 320.00
Dambulla (DEC)	960.00 - 980.00	230.00 - 240.00	230.00 - 250.00	100.00 - 125.00	-	230.00 - 250.00	-	750.00 - 800.00	650.00 - 730.00	270.00 - 280.00
Anuradhapura	1000.00 - 1050.00	260.00 - 300.00	-	145.00 - 160.00	160.00 - 180.00	-	-	850.00 - 925.00	750.00 - 900.00	275.00 - 300.00
Thambuththegama	-	-	-	125.00 - 130.00	155.00 - 163.00	-	-	-	-	-
Polonnaruwa	980.00 - 1100.00	300.00 - 320.00	-	180.00 - 200.00	180.00 - 200.00	-	350.00 - 360.00	760.00 - 850.00	720.00 - 800.00	325.00 - 330.00
Kaluthara	980.00 - 1100.00	240.00 - 260.00	-	130.00 - 150.00	160.00 - 190.00	-	-	800.00 - 920.00	800.00 - 840.00	290.00 - 310.00
Puttalam	950.00 - 1000.00	-	180.00 - 220.00	170.00 - 180.00	-	-	-	800.00 - 880.00	900.00 - 950.00	290.00 - 295.00
Kandy	1030.00 - 1050.00	250.00 - 270.00	280.00 - 300.00	130.00 - 145.00	150.00 - 165.00	240.00 - 260.00	280.00 - 300.00	850.00 - 900.00	700.00 - 800.00	290.00 - 300.00
Matara	1000.00 - 1060.00	280.00 - 310.00	-	140.00 - 150.00	170.00 - 175.00	-	380.00 - 380.00	850.00 - 900.00	780.00 - 850.00	290.00 - 310.00
Hambantota	1000.00 - 1050.00	220.00 - 230.00	-	120.00 - 130.00	150.00 - 155.00	-	-	800.00 - 800.00	700.00 - 700.00	280.00 - 300.00
Kegalle	1040.00 - 1050.00	260.00 - 280.00	-	150.00 - 160.00	155.00 - 165.00	-	280.00 - 280.00	870.00 - 880.00	780.00 - 790.00	320.00 - 330.00
Galle	1000.00 - 1020.00	260.00 - 270.00	-	135.00 - 150.00	-	-	340.00 - 350.00	825.00 - 850.00	800.00 - 800.00	280.00 - 290.00
Tissamaharama	985.00 - 990.00	290.00 - 300.00	-	140.00 - 145.00	180.00 - 185.00	-	280.00 - 285.00	850.00 - 860.00	-	285.00 - 290.00
Meegoda (DEC)	950.00 - 1000.00	240.00 - 260.00	250.00 - 270.00	110.00 - 130.00	150.00 - 160.00	250.00 - 270.00	290.00 - 300.00	780.00 - 900.00	750.00 - 780.00	275.00 - 285.00
Jaffna	990.00 - 1000.00	-	-	170.00 - 180.00	170.00 - 180.00	-	-	850.00 - 860.00	-	320.00 - 325.00
Vavuniya	950.00 - 980.00	-	-	155.00 - 165.00	150.00 - 170.00	-	-	840.00 - 870.00	600.00 - 650.00	330.00 - 330.00
Mannar	950.00 - 980.00	-	-	150.00 - 160.00	160.00 - 180.00	-	-	800.00 - 850.00	-	290.00 - 300.00
Killinochchi	1000.00 - 1040.00	-	-	160.00 - 180.00	160.00 - 180.00	-	-	860.00 - 890.00	-	320.00 - 325.00
Mullattivu	980.00 - 1030.00	-	-	170.00 - 190.00	180.00 - 190.00	-	-	880.00 - 930.00	-	-
Batticaloa	900.00 - 950.00	-	-	180.00 - 180.00	150.00 - 170.00	-	300.00 - 325.00	700.00 - 700.00	-	280.00 - 290.00
Trincomalee	900.00 - 950.00	200.00 - 210.00	280.00 - 290.00	150.00 - 160.00	160.00 - 170.00	-	-	760.00 - 800.00	850.00 - 900.00	310.00 - 315.00
Galenbindunuwewa	1010.00 - 1060.00	280.00 - 340.00	-	160.00 - 190.00	180.00 - 200.00	-	-	830.00 - 920.00	790.00 - 920.00	292.00 - 322.00
Matale	930.00 - 1000.00	290.00 - 300.00	-	130.00 - 140.00	160.00 - 170.00	-	-	780.00 - 800.00	690.00 - 750.00	300.00 - 320.00

**Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1100.00 - 1300.00	350.00 - 500.00	-	160.00 - 240.00	180.00 - 240.00	350.00 - 380.00	400.00 - 480.00	860.00 - 1100.00	900.00 - 1200.00	300.00 - 370.00
Gampaha	1000.00 - 1200.00	320.00 - 400.00	400.00 - 400.00	200.00 - 240.00	180.00 - 240.00	-	420.00 - 440.00	950.00 - 1000.00	880.00 - 1000.00	340.00 - 360.00
Kurunegala	1000.00 - 1200.00	340.00 - 400.00	-	180.00 - 200.00	180.00 - 220.00	-	-	890.00 - 1000.00	900.00 - 980.00	330.00 - 350.00
Nikaweratiya	1000.00 - 1140.00	290.00 - 320.00	-	160.00 - 180.00	170.00 - 190.00	-	-	860.00 - 885.00	760.00 - 790.00	300.00 - 310.00
Dambulla	1050.00 - 1150.00	380.00 - 400.00	360.00 - 380.00	180.00 - 200.00	180.00 - 220.00	340.00 - 360.00	-	850.00 - 950.00	880.00 - 1000.00	330.00 - 350.00
Anuradhapura	1050.00 - 1200.00	320.00 - 400.00	-	160.00 - 200.00	180.00 - 200.00	340.00 - 400.00	-	900.00 - 950.00	800.00 - 950.00	320.00 - 340.00
Thambuththegama	1100.00 - 1200.00	350.00 - 400.00	-	150.00 - 180.00	180.00 - 220.00	-	-	900.00 - 1000.00	750.00 - 980.00	300.00 - 320.00
Polonnaruwa	1150.00 - 1200.00	300.00 - 360.00	-	200.00 - 220.00	200.00 - 220.00	-	380.00 - 400.00	780.00 - 880.00	740.00 - 820.00	330.00 - 360.00
Kaluthara	1050.00 - 1200.00	300.00 - 400.00	-	180.00 - 200.00	200.00 - 250.00	-	380.00 - 440.00	850.00 - 1000.00	800.00 - 1000.00	300.00 - 320.00
Badulla	1250.00 - 1300.00	350.00 - 400.00	-	195.00 - 200.00	200.00 - 240.00	320.00 - 360.00	400.00 - 400.00	900.00 - 1000.00	900.00 - 1000.00	360.00 - 360.00
Keppetipola	1100.00 - 1200.00	350.00 - 360.00	-	190.00 - 200.00	210.00 - 220.00	300.00 - 320.00	-	950.00 - 1000.00	900.00 - 950.00	330.00 - 360.00
Moneragala	1100.00 - 1200.00	320.00 - 400.00	-	180.00 - 200.00	200.00 - 240.00	320.00 - 360.00	-	920.00 - 960.00	800.00 - 900.00	320.00 - 340.00
Kegalle	1100.00 - 1110.00	300.00 - 320.00	-	200.00 - 220.00	200.00 - 220.00	360.00 - 380.00	-	940.00 - 960.00	860.00 - 880.00	370.00 - 380.00
Ampara	1090.00 - 1100.00	320.00 - 380.00	-	150.00 - 180.00	180.00 - 200.00	340.00 - 380.00	-	850.00 - 950.00	800.00 - 900.00	360.00 - 370.00
Dehiattakandiya	1000.00 - 1200.00	340.00 - 400.00	-	160.00 - 200.00	180.00 - 190.00	-	400.00 - 400.00	800.00 - 900.00	700.00 - 950.00	300.00 - 360.00
Nuwaraeliya	1200.00 - 1300.00	360.00 - 380.00	-	220.00 - 240.00	240.00 - 250.00	-	320.00 - 340.00	980.00 - 1000.00	960.00 - 980.00	350.00 - 380.00
Kandy	1160.00 - 1300.00	400.00 - 420.00	-	190.00 - 200.00	180.00 - 200.00	320.00 - 340.00	380.00 - 400.00	960.00 - 1000.00	1000.00 - 1100.00	370.00 - 380.00
Puttalam	1100.00 - 1200.00	-	320.00 - 400.00	200.00 - 240.00	200.00 - 220.00	350.00 - 350.00	400.00 - 400.00	900.00 - 1000.00	1000.00 - 1100.00	320.00 - 330.00
Rathnapura	1000.00 - 1100.00	280.00 - 320.00	-	190.00 - 220.00	200.00 - 230.00	350.00 - 375.00	-	1000.00 - 1080.00	800.00 - 900.00	330.00 - 350.00
Hambantota	1100.00 - 1150.00	300.00 - 300.00	-	150.00 - 180.00	180.00 - 180.00	-	-	800.00 - 900.00	800.00 - 800.00	-
Matara	1040.00 - 1200.00	300.00 - 400.00	-	160.00 - 180.00	200.00 - 220.00	380.00 - 380.00	400.00 - 440.00	870.00 - 1000.00	800.00 - 900.00	320.00 - 350.00
Galle	1100.00 - 1200.00	360.00 - 400.00	-	160.00 - 200.00	185.00 - 200.00	360.00 - 370.00	380.00 - 400.00	900.00 - 1000.00	900.00 - 1100.00	340.00 - 380.00
Tissamaharama	1050.00 - 1100.00	340.00 - 360.00	-	160.00 - 180.00	200.00 - 220.00	300.00 - 320.00	-	900.00 - 950.00	-	310.00 - 320.00
Meegoda (DEC)	1000.00 - 1100.00	320.00 - 400.00	360.00 - 400.00	170.00 - 180.00	200.00 - 200.00	360.00 - 360.00	380.00 - 400.00	880.00 - 960.00	880.00 - 900.00	310.00 - 340.00
Embilipitiya	1060.00 - 1100.00	-	300.00 - 340.00	159.00 - 180.00	180.00 - 200.00	380.00 - 400.00	-	870.00 - 900.00	650.00 - 820.00	340.00 - 380.00
Jaffna	1050.00 - 1100.00	-	-	200.00 - 210.00	200.00 - 210.00	-	-	900.00 - 950.00	-	330.00 - 350.00
Vavuniya	1100.00 - 1200.00	-	-	180.00 - 200.00	170.00 - 200.00	-	-	900.00 - 1000.00	700.00 - 750.00	350.00 - 360.00
Mannar	1000.00 - 1100.00	-	-	200.00 - 220.00	200.00 - 220.00	-	-	900.00 - 950.00	-	320.00 - 330.00
Killinochchi	1050.00 - 1100.00	-	-	200.00 - 220.00	200.00 - 220.00	-	-	900.00 - 940.00	-	330.00 - 340.00
Mullaittivu	1000.00 - 1050.00	-	-	-	190.00 - 220.00	-	-	900.00 - 950.00	-	320.00 - 325.00
Batticaloa	1000.00 - 1150.00	-	-	200.00 - 230.00	200.00 - 200.00	-	400.00 - 450.00	750.00 - 800.00	-	320.00 - 350.00
Trincomalee	1000.00 - 1050.00	-	320.00 - 340.00	190.00 - 200.00	200.00 - 220.00	-	-	850.00 - 900.00	950.00 - 1000.00	320.00 - 330.00
Hanguranketha	1050.00 - 1100.00	-	320.00 - 340.00	155.00 - 185.00	180.00 - 190.00	300.00 - 320.00	-	850.00 - 950.00	780.00 - 820.00	320.00 - 340.00
Veyangoda	1000.00 - 1100.00	320.00 - 400.00	-	180.00 - 240.00	180.00 - 240.00	360.00 - 400.00	400.00 - 440.00	920.00 - 1000.00	920.00 - 1000.00	300.00 - 350.00
Galenbindunuwewa	1050.00 - 1100.00	300.00 - 360.00	-	180.00 - 200.00	200.00 - 220.00	-	-	860.00 - 950.00	820.00 - 950.00	300.00 - 330.00
Bandarawela	1100.00 - 1200.00	320.00 - 360.00	-	170.00 - 200.00	180.00 - 200.00	280.00 - 320.00	-	950.00 - 1000.00	950.00 - 1000.00	340.00 - 350.00
Matale	1050.00 - 1150.00	340.00 - 360.00	-	180.00 - 200.00	180.00 - 200.00	360.00 - 400.00	-	850.00 - 900.00	780.00 - 850.00	330.00 - 340.00

**Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)**

Week 14: 03 - 09 Apr 2026

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	200.00 - 280.00	280.00 - 350.00	140.00 - 180.00	40.00 - 130.00	80.00 - 130.00
Meegoda (DEC)	-	230.00 - 270.00	280.00 - 360.00	160.00 - 200.00	-	120.00 - 180.00
Dambulla (DEC)	-	130.00 - 220.00	180.00 - 280.00	120.00 - 180.00	100.00 - 120.00	80.00 - 150.00
Keppetipola (DEC)	-	150.00 - 200.00	180.00 - 250.00	120.00 - 140.00	80.00 - 100.00	80.00 - 100.00
Norochchole (DEC)	-	-	-	-	-	-
Nuwara Eliya	-	180.00 - 220.00	300.00 - 330.00	160.00 - 180.00	120.00 - 130.00	80.00 - 100.00
Kandy	-	180.00 - 230.00	280.00 - 300.00	160.00 - 180.00	100.00 - 120.00	70.00 - 90.00
Hambantota	-	180.00 - 200.00	300.00 - 350.00	160.00 - 220.00	100.00 - 150.00	100.00 - 120.00
Thambuththegama (DEC)	-	220.00 - 280.00	320.00 - 360.00	160.00 - 200.00	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	150.00 - 200.00	230.00 - 250.00	150.00 - 160.00	90.00 - 100.00	80.00 - 100.00
Veyangoda	-	200.00 - 260.00	270.00 - 350.00	150.00 - 190.00	-	130.00 - 180.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	40.00 - 60.00	60.00 - 120.00	100.00 - 140.00	100.00 - 160.00	60.00 - 100.00	120.00 - 200.00
Meegoda (DEC)	60.00 - 80.00	100.00 - 160.00	80.00 - 120.00	120.00 - 160.00	70.00 - 110.00	220.00 - 280.00
Moneragala	100.00 - 130.00	130.00 - 160.00	70.00 - 90.00	180.00 - 200.00	100.00 - 120.00	250.00 - 260.00
Dambulla (DEC)	30.00 - 50.00	50.00 - 70.00	50.00 - 80.00	100.00 - 130.00	50.00 - 70.00	150.00 - 240.00
Keppetipola (DEC)	20.00 - 40.00	60.00 - 70.00	50.00 - 70.00	-	80.00 - 100.00	220.00 - 280.00
Norochchole (DEC)	40.00 - 60.00	-	50.00 - 80.00	100.00 - 120.00	40.00 - 60.00	120.00 - 220.00
Nuwara Eliya	25.00 - 35.00	110.00 - 130.00	60.00 - 80.00	-	-	240.00 - 280.00
Kandy	40.00 - 60.00	100.00 - 130.00	70.00 - 100.00	120.00 - 130.00	70.00 - 100.00	200.00 - 250.00
Hambantota	80.00 - 100.00	-	50.00 - 60.00	180.00 - 200.00	50.00 - 60.00	200.00 - 250.00
Thambuththegama (DEC)	60.00 - 80.00	70.00 - 120.00	40.00 - 60.00	110.00 - 150.00	50.00 - 80.00	140.00 - 220.00
Tissamaharama	140.00 - 160.00	160.00 - 180.00	80.00 - 100.00	170.00 - 180.00	100.00 - 120.00	-
Jaffna	-	-	-	-	-	-
Bandarawela	30.00 - 35.00	60.00 - 80.00	50.00 - 60.00	120.00 - 150.00	80.00 - 100.00	200.00 - 240.00
Veyangoda	60.00 - 80.00	90.00 - 130.00	70.00 - 110.00	120.00 - 160.00	80.00 - 110.00	200.00 - 260.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	60.00 - 80.00	60.00 - 100.00	120.00 - 150.00	180.00 - 200.00	-	180.00 - 220.00
Meegoda (DEC)	65.00 - 80.00	60.00 - 80.00	150.00 - 180.00	190.00 - 220.00	-	160.00 - 200.00
Moneragala	70.00 - 80.00	80.00 - 100.00	180.00 - 200.00	100.00 - 150.00	-	150.00 - 160.00
Dambulla (DEC)	45.00 - 60.00	50.00 - 70.00	90.00 - 120.00	70.00 - 110.00	-	150.00 - 180.00
Keppetipola (DEC)	70.00 - 90.00	70.00 - 90.00	-	-	-	-
Norochchole (DEC)	80.00 - 90.00	50.00 - 80.00	100.00 - 210.00	50.00 - 70.00	600.00 - 750.00	80.00 - 150.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	70.00 - 80.00	60.00 - 90.00	120.00 - 140.00	120.00 - 130.00	-	170.00 - 200.00
Hambantota	70.00 - 80.00	50.00 - 80.00	120.00 - 200.00	150.00 - 200.00	-	150.00 - 200.00
Thambuththegama (DEC)	40.00 - 60.00	40.00 - 60.00	80.00 - 110.00	80.00 - 100.00	-	100.00 - 140.00
Tissamaharama	120.00 - 140.00	100.00 - 120.00	190.00 - 210.00	180.00 - 190.00	-	270.00 - 280.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	70.00 - 80.00	140.00 - 160.00	160.00 - 180.00	-	-
Veyangoda	60.00 - 80.00	60.00 - 80.00	130.00 - 180.00	120.00 - 160.00	-	160.00 - 200.00

**Table 06 (Contd.)**

	<b>Long Beans</b>	<b>Ash Plantain</b>	<b>Green Chillies</b>	<b>Lime</b>	<b>Sweet Potatoe</b>	<b>Manioc</b>
Colombo	80.00 - 150.00	70.00 - 140.00	180.00 - 250.00	100.00 - 150.00	100.00 - 130.00	80.00 - 150.00
Meegoda (DEC)	100.00 - 140.00	130.00 - 170.00	240.00 - 300.00	160.00 - 190.00	110.00 - 140.00	100.00 - 120.00
Moneragala	100.00 - 160.00	80.00 - 100.00	350.00 - 400.00	150.00 - 160.00	120.00 - 160.00	80.00 - 100.00
Dambulla (DEC)	80.00 - 120.00	50.00 - 100.00	200.00 - 300.00	130.00 - 180.00	70.00 - 120.00	100.00 - 140.00
Keppetipola (DEC)	-	-	180.00 - 220.00	-	140.00 - 160.00	100.00 - 120.00
Norochchole (DEC)	80.00 - 110.00	-	220.00 - 220.00	-	-	100.00 - 150.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	100.00 - 130.00	90.00 - 120.00	200.00 - 260.00	100.00 - 130.00	130.00 - 150.00	90.00 - 100.00
Hambantota	140.00 - 150.00	80.00 - 120.00	250.00 - 300.00	100.00 - 150.00	120.00 - 150.00	150.00 - 150.00
Thambuththegama (DEC)	100.00 - 150.00	60.00 - 80.00	260.00 - 320.00	100.00 - 140.00	130.00 - 150.00	100.00 - 120.00
Tissamaharama	200.00 - 220.00	140.00 - 150.00	400.00 - 420.00	180.00 - 210.00	180.00 - 200.00	200.00 - 210.00
Jaffna	-	-	-	-	-	-
Bandarawela	80.00 - 110.00	110.00 - 130.00	220.00 - 250.00	120.00 - 140.00	110.00 - 120.00	100.00 - 120.00
Veyangoda	100.00 - 130.00	120.00 - 160.00	250.00 - 320.00	170.00 - 200.00	120.00 - 140.00	100.00 - 130.00

<b>Locations</b>	<b>Leafy Vegetables (Rs/kg)</b>			<b>Coconut (Rs/nut)</b>	
	<b>Mukunuwenna</b>	<b>Kankun</b>	<b>Gotukola</b>	<b>Large</b>	<b>Small</b>
Colombo	110.00 - 120.00	110.00 - 120.00	180.00 - 200.00	155.00 - 165.00	135.00 - 145.00
Meegoda (DEC)	-	-	-	150.00 - 160.00	125.00 - 130.00
Norochchole (DEC)	140.00 - 150.00	-	240.00 - 240.00	135.00 - 145.00	120.00 - 125.00
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	150.00 - 175.00	150.00 - 175.00	150.00 - 175.00	115.00 - 120.00	80.00 - 90.00
Kandy	150.00 - 180.00	150.00 - 180.00	280.00 - 300.00	130.00 - 140.00	90.00 - 100.00
Hambantota	100.00 - 100.00	100.00 - 120.00	140.00 - 150.00	160.00 - 160.00	140.00 - 140.00
Thambuththegama (DEC)	-	-	-	-	-
Tissamaharama	120.00 - 140.00	120.00 - 140.00	250.00 - 275.00	-	-
Jaffna	-	-	-	-	-
Bandarawela	150.00 - 180.00	150.00 - 180.00	240.00 - 260.00	-	-
Veyangoda	-	-	-	-	-

*Colombo, Meegoda, Norochchole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg*

**Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-		300.00 - 450.00	320.00 - 450.00	240.00 - 400.00	140.00 - 360.00	180.00 - 400.00	140.00 - 340.00	180.00 - 340.00	180.00 - 340.00	140.00 - 340.00	180.00 - 360.00	160.00 - 320.00				
Gampaha	-		400.00 - 400.00	380.00 - 400.00	320.00 - 320.00	-	260.00 - 320.00	120.00 - 200.00	-	200.00 - 250.00	120.00 - 200.00	-	200.00 - 250.00				
Kurunegala	-		360.00 - 400.00	400.00 - 440.00	300.00 - 320.00	180.00 - 240.00	220.00 - 240.00	120.00 - 150.00	-	150.00 - 180.00	120.00 - 150.00	-	150.00 - 180.00				
Nikaweratiya	-		380.00 - 420.00	450.00 - 480.00	400.00 - 480.00	-	240.00 - 320.00	120.00 - 160.00	200.00 - 280.00	120.00 - 160.00	200.00 - 280.00	120.00 - 160.00	120.00 - 160.00				
Dambulla	-		280.00 - 320.00	360.00 - 400.00	260.00 - 300.00	200.00 - 220.00	180.00 - 240.00	140.00 - 160.00	160.00 - 180.00	140.00 - 160.00	160.00 - 180.00	160.00 - 180.00	140.00 - 160.00				
Anuradhapura	-		360.00 - 400.00	400.00 - 480.00	320.00 - 400.00	160.00 - 200.00	240.00 - 280.00	160.00 - 200.00	200.00 - 260.00	160.00 - 200.00	200.00 - 260.00	140.00 - 160.00	140.00 - 160.00				
Thambuththegama	-		350.00 - 400.00	450.00 - 550.00	250.00 - 320.00	-	-	120.00 - 160.00	160.00 - 220.00	100.00 - 150.00	160.00 - 220.00	100.00 - 150.00	100.00 - 150.00				
Polonnaruwa	-		440.00 - 480.00	450.00 - 480.00	320.00 - 400.00	200.00 - 240.00	200.00 - 240.00	100.00 - 160.00	200.00 - 260.00	100.00 - 160.00	200.00 - 260.00	160.00 - 200.00	160.00 - 200.00				
Kaluthara	-		340.00 - 400.00	400.00 - 440.00	300.00 - 400.00	-	200.00 - 200.00	160.00 - 200.00	-	200.00 - 200.00	160.00 - 200.00	-	200.00 - 200.00				
Badulla	-		320.00 - 320.00	320.00 - 400.00	240.00 - 320.00	240.00 - 320.00	240.00 - 240.00	120.00 - 200.00	200.00 - 240.00	120.00 - 200.00	200.00 - 240.00	120.00 - 160.00	120.00 - 160.00				
Keppetipola	-		220.00 - 260.00	240.00 - 260.00	180.00 - 200.00	150.00 - 160.00	140.00 - 150.00	70.00 - 90.00	120.00 - 130.00	70.00 - 90.00	120.00 - 130.00	100.00 - 130.00	100.00 - 130.00				
Moneragala	-		340.00 - 400.00	360.00 - 400.00	340.00 - 400.00	200.00 - 240.00	-	160.00 - 200.00	-	160.00 - 200.00	-	120.00 - 140.00	120.00 - 140.00				
Kegalle	-		360.00 - 400.00	440.00 - 480.00	320.00 - 360.00	200.00 - 240.00	280.00 - 320.00	200.00 - 240.00	250.00 - 280.00	200.00 - 240.00	250.00 - 280.00	160.00 - 200.00	160.00 - 200.00				
Ampara	-		300.00 - 320.00	360.00 - 440.00	300.00 - 360.00	180.00 - 220.00	180.00 - 300.00	120.00 - 200.00	240.00 - 280.00	120.00 - 200.00	240.00 - 280.00	180.00 - 220.00	180.00 - 220.00				
Dehiattakandiya	-		300.00 - 400.00	400.00 - 480.00	300.00 - 300.00	-	200.00 - 200.00	200.00 - 220.00	200.00 - 200.00	200.00 - 220.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00				
Nuwaraeliya	-		280.00 - 320.00	400.00 - 420.00	280.00 - 300.00	220.00 - 240.00	180.00 - 200.00	70.00 - 80.00	220.00 - 240.00	70.00 - 80.00	220.00 - 240.00	150.00 - 180.00	150.00 - 180.00				
Kandy	-		300.00 - 320.00	520.00 - 600.00	240.00 - 300.00	240.00 - 260.00	200.00 - 240.00	160.00 - 180.00	240.00 - 260.00	160.00 - 180.00	240.00 - 260.00	140.00 - 160.00	140.00 - 160.00				
Puttalam	-		500.00 - 520.00	520.00 - 600.00	400.00 - 480.00	360.00 - 400.00	300.00 - 350.00	180.00 - 200.00	350.00 - 360.00	180.00 - 200.00	350.00 - 360.00	150.00 - 200.00	150.00 - 200.00				
Hambantota	-		-	-	-	-	-	-	-	-	-	-	-				
Rathnapura	-		320.00 - 360.00	350.00 - 420.00	220.00 - 320.00	200.00 - 240.00	220.00 - 240.00	100.00 - 150.00	200.00 - 230.00	100.00 - 150.00	200.00 - 230.00	180.00 - 240.00	180.00 - 240.00				
Matara	-		380.00 - 400.00	320.00 - 480.00	280.00 - 400.00	-	200.00 - 220.00	100.00 - 140.00	280.00 - 320.00	100.00 - 140.00	280.00 - 320.00	180.00 - 200.00	180.00 - 200.00				
Galle	-		320.00 - 380.00	440.00 - 480.00	280.00 - 320.00	-	260.00 - 280.00	180.00 - 200.00	160.00 - 200.00	180.00 - 200.00	160.00 - 200.00	160.00 - 240.00	160.00 - 240.00				
Tissamaharama	-		340.00 - 360.00	420.00 - 440.00	270.00 - 280.00	200.00 - 220.00	240.00 - 260.00	180.00 - 200.00	200.00 - 230.00	180.00 - 200.00	200.00 - 230.00	130.00 - 150.00	130.00 - 150.00				
Meegoda (DEC)	-		360.00 - 400.00	440.00 - 500.00	320.00 - 400.00	-	300.00 - 320.00	200.00 - 240.00	240.00 - 280.00	200.00 - 240.00	240.00 - 280.00	180.00 - 200.00	180.00 - 200.00				
Embilipitiya	-		320.00 - 400.00	480.00 - 520.00	240.00 - 300.00	-	240.00 - 280.00	160.00 - 200.00	280.00 - 320.00	160.00 - 200.00	280.00 - 320.00	180.00 - 240.00	180.00 - 240.00				
Jaffna	-		350.00 - 380.00	450.00 - 500.00	300.00 - 320.00	-	-	140.00 - 150.00	190.00 - 220.00	140.00 - 150.00	190.00 - 220.00	140.00 - 150.00	140.00 - 150.00				
Vavuniya	-		300.00 - 400.00	400.00 - 500.00	300.00 - 350.00	100.00 - 150.00	200.00 - 250.00	100.00 - 150.00	150.00 - 180.00	100.00 - 150.00	150.00 - 180.00	100.00 - 150.00	100.00 - 150.00				
Mannar	-		480.00 - 500.00	500.00 - 550.00	350.00 - 400.00	200.00 - 220.00	-	180.00 - 200.00	300.00 - 320.00	180.00 - 200.00	300.00 - 320.00	150.00 - 200.00	150.00 - 200.00				
Killinochchi	-		400.00 - 440.00	500.00 - 540.00	380.00 - 420.00	180.00 - 220.00	-	140.00 - 160.00	240.00 - 260.00	140.00 - 160.00	240.00 - 260.00	150.00 - 180.00	150.00 - 180.00				
Mullaittivu	-		450.00 - 500.00	540.00 - 580.00	300.00 - 350.00	150.00 - 180.00	-	150.00 - 160.00	200.00 - 240.00	150.00 - 160.00	200.00 - 240.00	190.00 - 220.00	190.00 - 220.00				
Batticaloa	-		300.00 - 400.00	400.00 - 450.00	300.00 - 320.00	200.00 - 200.00	200.00 - 200.00	150.00 - 150.00	200.00 - 200.00	150.00 - 150.00	200.00 - 200.00	200.00 - 200.00	200.00 - 200.00				
Trincomalee	-		400.00 450.00	500.00 540.00	340.00 360.00	250.00 - 280.00	-	180.00 - 200.00	250.00 260.00	180.00 - 200.00	250.00 260.00	200.00 240.00	200.00 240.00				
Hanguranketha	-		240.00 - 260.00	360.00 - 380.00	220.00 - 250.00	-	160.00 - 180.00	70.00 - 80.00	140.00 - 160.00	70.00 - 80.00	140.00 - 160.00	140.00 - 160.00	140.00 - 160.00				
Veyangoda	-		360.00 - 400.00	440.00 - 520.00	280.00 - 360.00	-	280.00 - 320.00	160.00 - 200.00	240.00 - 280.00	160.00 - 200.00	240.00 - 280.00	200.00 - 280.00	200.00 - 280.00				
Galenbindunuwewa	-		440.00 - 480.00	440.00 - 480.00	360.00 - 420.00	-	150.00 - 180.00	140.00 - 180.00	-	150.00 - 180.00	140.00 - 180.00	-	160.00 - 240.00				
Bandarawela	-		260.00 - 320.00	240.00 - 260.00	240.00 - 260.00	200.00 - 240.00	200.00 - 220.00	100.00 - 120.00	180.00 - 220.00	100.00 - 120.00	180.00 - 220.00	120.00 - 160.00	120.00 - 160.00				
Matale	-		280.00 - 320.00	360.00 - 440.00	360.00 - 440.00	280.00 - 320.00	200.00 - 240.00	100.00 - 120.00	-	100.00 - 120.00	-	120.00 - 140.00	120.00 - 140.00				

Table 07 (Contd.)

LOCATIONS	Low Country Varieties									
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans
Colombo	240.00 - 360.00	160.00 - 400.00	200.00 - 560.00	120.00 - 260.00	120.00 - 240.00	240.00 - 450.00	260.00 - 400.00	-	240.00 - 400.00	180.00 - 360.00
Gampaha	280.00 - 320.00	200.00 - 240.00	320.00 - 440.00	200.00 - 240.00	160.00 - 240.00	320.00 - 320.00	300.00 - 360.00	-	320.00 - 400.00	200.00 - 320.00
Kurunegala	200.00 - 250.00	180.00 - 220.00	350.00 - 400.00	150.00 - 180.00	100.00 - 140.00	220.00 - 260.00	240.00 - 260.00	-	300.00 - 320.00	200.00 - 250.00
Nikaweratiya	220.00 - 260.00	140.00 - 170.00	240.00 - 320.00	160.00 - 240.00	140.00 - 170.00	200.00 - 280.00	120.00 - 160.00	-	140.00 - 240.00	200.00 - 260.00
Dambulla	160.00 - 200.00	120.00 - 160.00	340.00 - 380.00	160.00 - 180.00	120.00 - 140.00	240.00 - 300.00	200.00 - 240.00	-	260.00 - 280.00	160.00 - 180.00
Anuradhapura	200.00 - 240.00	200.00 - 240.00	280.00 - 320.00	160.00 - 200.00	140.00 - 160.00	240.00 - 280.00	180.00 - 200.00	-	240.00 - 280.00	200.00 - 240.00
Thambuththegama	180.00 - 240.00	120.00 - 180.00	250.00 - 350.00	120.00 - 180.00	100.00 - 150.00	180.00 - 250.00	150.00 - 200.00	-	200.00 - 250.00	180.00 - 250.00
Polonnaruwa	240.00 - 280.00	250.00 - 280.00	360.00 - 400.00	140.00 - 160.00	140.00 - 180.00	280.00 - 320.00	200.00 - 240.00	-	240.00 - 280.00	200.00 - 240.00
Kaluthara	200.00 - 240.00	200.00 - 240.00	200.00 - 300.00	180.00 - 200.00	150.00 - 200.00	280.00 - 400.00	300.00 - 340.00	-	280.00 - 320.00	200.00 - 240.00
Badulla	240.00 - 320.00	200.00 - 240.00	360.00 - 400.00	160.00 - 200.00	200.00 - 240.00	240.00 - 320.00	240.00 - 320.00	-	240.00 - 320.00	240.00 - 320.00
Keppetipola	200.00 - 220.00	150.00 - 160.00	350.00 - 380.00	140.00 - 150.00	140.00 - 150.00	200.00 - 230.00	180.00 - 200.00	-	260.00 - 300.00	180.00 - 220.00
Moneragala	240.00 - 320.00	160.00 - 200.00	320.00 - 380.00	160.00 - 200.00	160.00 - 200.00	240.00 - 280.00	200.00 - 240.00	-	240.00 - 280.00	200.00 - 240.00
Kegalle	280.00 - 320.00	200.00 - 240.00	360.00 - 400.00	160.00 - 200.00	200.00 - 240.00	280.00 - 320.00	240.00 - 280.00	-	-	280.00 - 320.00
Ampara	260.00 - 300.00	160.00 - 200.00	240.00 - 400.00	160.00 - 240.00	180.00 - 240.00	300.00 - 480.00	240.00 - 320.00	-	320.00 - 340.00	280.00 - 320.00
Dehiattakandiya	300.00 - 320.00	150.00 - 200.00	300.00 - 400.00	100.00 - 150.00	100.00 - 150.00	300.00 - 400.00	200.00 - 200.00	-	200.00 - 200.00	200.00 - 220.00
Nuwaraeliya	230.00 - 240.00	240.00 - 250.00	360.00 - 380.00	150.00 - 160.00	140.00 - 150.00	220.00 - 240.00	200.00 - 230.00	-	260.00 - 280.00	220.00 - 240.00
Kandy	200.00 - 240.00	150.00 - 200.00	360.00 - 400.00	120.00 - 160.00	140.00 - 160.00	240.00 - 260.00	200.00 - 240.00	-	260.00 - 300.00	160.00 - 200.00
Puttalam	160.00 - 240.00	150.00 - 320.00	400.00 - 480.00	200.00 - 240.00	180.00 - 200.00	320.00 - 360.00	220.00 - 280.00	-	350.00 - 400.00	200.00 - 250.00
Rathnapura	200.00 - 280.00	200.00 - 280.00	380.00 - 450.00	150.00 - 210.00	120.00 - 180.00	320.00 - 400.00	250.00 - 310.00	-	260.00 - 330.00	200.00 - 240.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	240.00 - 280.00	120.00 - 160.00	240.00 - 340.00	160.00 - 180.00	140.00 - 200.00	200.00 - 260.00	240.00 - 320.00	-	260.00 - 340.00	220.00 - 240.00
Galle	200.00 - 280.00	180.00 - 200.00	320.00 - 380.00	140.00 - 200.00	140.00 - 180.00	320.00 - 360.00	210.00 - 280.00	-	250.00 - 280.00	220.00 - 240.00
Tissamaharama	200.00 - 220.00	140.00 - 160.00	460.00 - 480.00	160.00 - 180.00	140.00 - 150.00	240.00 - 260.00	240.00 - 260.00	-	300.00 - 320.00	240.00 - 260.00
Meegoda (DEC)	280.00 - 320.00	200.00 - 240.00	360.00 - 400.00	160.00 - 200.00	160.00 - 200.00	320.00 - 360.00	320.00 - 400.00	-	320.00 - 400.00	200.00 - 280.00
Embilipitiya	240.00 - 280.00	150.00 - 200.00	300.00 - 400.00	150.00 - 200.00	100.00 - 140.00	300.00 - 400.00	240.00 - 300.00	-	280.00 - 300.00	240.00 - 280.00
Jaffna	280.00 - 300.00	100.00 - 130.00	240.00 - 260.00	100.00 - 120.00	150.00 - 180.00	300.00 - 330.00	180.00 - 200.00	-	-	150.00 - 200.00
Vavuniya	180.00 - 220.00	100.00 - 150.00	200.00 - 240.00	100.00 - 140.00	100.00 - 140.00	200.00 - 250.00	100.00 - 200.00	-	150.00 - 200.00	200.00 - 250.00
Mannar	250.00 - 280.00	280.00 - 300.00	300.00 - 320.00	150.00 - 160.00	180.00 - 200.00	300.00 - 320.00	350.00 - 360.00	-	-	150.00 - 200.00
Killinochchi	260.00 - 280.00	200.00 - 240.00	250.00 - 280.00	120.00 - 140.00	130.00 - 150.00	300.00 - 350.00	180.00 - 200.00	-	-	150.00 - 180.00
Mullaittivu	380.00 - 420.00	190.00 - 220.00	240.00 - 280.00	140.00 - 150.00	140.00 - 160.00	380.00 - 420.00	200.00 - 250.00	-	-	180.00 - 220.00
Batticaloa	300.00 - 320.00	300.00 - 320.00	350.00 - 400.00	120.00 - 150.00	180.00 - 220.00	300.00 - 350.00	300.00 - 300.00	-	250.00 - 280.00	280.00 - 300.00
Trincomalee	400.00 - 440.00	240.00 - 260.00	300.00 - 320.00	180.00 - 200.00	220.00 - 240.00	300.00 - 350.00	260.00 - 280.00	-	-	240.00 - 260.00
Hanguranketha	200.00 220.00	160.00 200.00	250.00 280.00	100.00 150.00	140.00 160.00	180.00 - 220.00	160.00 200.00	-	240.00 260.00	180.00 210.00
Veyangoda	240.00 - 320.00	200.00 - 280.00	360.00 - 440.00	200.00 - 240.00	180.00 - 240.00	280.00 - 360.00	240.00 - 320.00	-	320.00 - 360.00	240.00 - 280.00
Galenbindunuwewa	160.00 - 240.00	180.00 - 240.00	260.00 - 340.00	120.00 - 180.00	140.00 - 160.00	260.00 - 340.00	150.00 - 200.00	-	240.00 - 280.00	160.00 - 200.00
Bandarawela	160.00 - 180.00	200.00 - 240.00	300.00 - 360.00	150.00 - 170.00	120.00 - 140.00	220.00 - 260.00	240.00 - 260.00	-	260.00 - 280.00	200.00 - 220.00
Matale	200.00 - 240.00	200.00 - 240.00	400.00 - 480.00	180.00 - 200.00	160.00 - 200.00	240.00 - 280.00	220.00 - 240.00	-	320.00 - 360.00	200.00 - 240.00

**Table 07 (Contd.)**

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	180.00 - 340.00	350.00 - 600.00	300.00 - 480.00	230.00 - 320.00	180.00 - 240.00	160.00 - 280.00	160.00 - 280.00	250.00 - 320.00	165.00 - 200.00	150.00 - 180.00
Gampaha	280.00 - 320.00	600.00 - 640.00	400.00 - 500.00	280.00 - 300.00	180.00 - 200.00	210.00 - 240.00	210.00 - 240.00	150.00 - 180.00	140.00 - 150.00	100.00 - 130.00
Kurunegala	220.00 - 250.00	500.00 - 600.00	300.00 - 400.00	220.00 - 240.00	180.00 - 200.00	180.00 - 210.00	180.00 - 210.00	150.00 - 180.00	150.00 - 155.00	110.00 - 130.00
Nikaweratiya	160.00 - 200.00	400.00 - 600.00	100.00 - 150.00	200.00 - 300.00	160.00 - 180.00	150.00 - 180.00	150.00 - 180.00	115.00 - 120.00	130.00 - 140.00	100.00 - 120.00
Dambulla	200.00 - 240.00	400.00 - 500.00	250.00 - 300.00	200.00 - 240.00	200.00 - 240.00	250.00 - 300.00	300.00 - 350.00	250.00 - 300.00	140.00 - 145.00	110.00 - 120.00
Anuradhapura	200.00 - 240.00	500.00 - 600.00	300.00 - 400.00	240.00 - 320.00	200.00 - 240.00	150.00 - 180.00	150.00 - 180.00	250.00 - 300.00	140.00 - 160.00	100.00 - 130.00
Thambuththegama	120.00 - 160.00	480.00 - 550.00	220.00 - 280.00	220.00 - 250.00	180.00 - 250.00	-	-	-	120.00 - 120.00	90.00 - 100.00
Polonnaruwa	220.00 - 250.00	400.00 - 500.00	300.00 - 400.00	200.00 - 280.00	240.00 - 280.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	150.00 - 160.00	100.00 - 130.00
Kaluthara	200.00 - 240.00	400.00 - 600.00	400.00 - 500.00	200.00 - 300.00	180.00 - 200.00	240.00 - 320.00	240.00 - 300.00	300.00 - 360.00	180.00 - 200.00	130.00 - 160.00
Badulla	220.00 - 240.00	500.00 - 600.00	200.00 - 320.00	260.00 - 320.00	160.00 - 240.00	400.00 - 400.00	400.00 - 400.00	400.00 - 460.00	150.00 - 170.00	80.00 - 110.00
Keppetipola	150.00 - 160.00	320.00 - 360.00	260.00 - 280.00	170.00 - 180.00	130.00 - 140.00	240.00 - 280.00	240.00 - 280.00	400.00 - 500.00	150.00 - 160.00	120.00 - 130.00
Moneragala	160.00 - 200.00	480.00 - 600.00	240.00 - 320.00	200.00 - 240.00	140.00 - 160.00	150.00 - 180.00	150.00 - 180.00	300.00 - 340.00	150.00 - 160.00	120.00 - 130.00
Kegalle	240.00 - 280.00	550.00 - 600.00	350.00 - 400.00	250.00 - 280.00	180.00 - 200.00	240.00 - 240.00	240.00 - 240.00	300.00 - 300.00	170.00 - 180.00	130.00 - 140.00
Ampara	240.00 - 300.00	380.00 - 430.00	100.00 - 200.00	260.00 - 280.00	190.00 - 220.00	240.00 - 280.00	240.00 - 280.00	300.00 - 350.00	150.00 - 180.00	110.00 - 130.00
Dehiattakandiya	200.00 - 200.00	500.00 - 600.00	200.00 - 200.00	200.00 - 300.00	200.00 - 240.00	150.00 - 150.00	150.00 - 150.00	150.00 - 150.00	130.00 - 130.00	110.00 - 120.00
Nuwaraeliya	200.00 - 220.00	340.00 - 360.00	300.00 - 350.00	260.00 - 280.00	200.00 - 220.00	450.00 - 480.00	450.00 - 480.00	480.00 - 500.00	150.00 - 170.00	120.00 - 140.00
Kandy	200.00 - 240.00	400.00 - 500.00	280.00 - 300.00	200.00 - 240.00	160.00 - 200.00	240.00 - 280.00	240.00 - 280.00	500.00 - 600.00	160.00 - 170.00	120.00 - 130.00
Puttalam	200.00 - 240.00	400.00 - 480.00	150.00 - 200.00	300.00 - 350.00	250.00 - 300.00	180.00 - 180.00	-	150.00 - 180.00	150.00 - 160.00	130.00 - 140.00
Rathnapura	180.00 - 250.00	450.00 - 550.00	200.00 - 300.00	200.00 - 240.00	120.00 - 150.00	240.00 - 240.00	240.00 - 240.00	300.00 - 300.00	180.00 - 190.00	130.00 - 160.00
Hambanthota	150.00 - 160.00	400.00 - 400.00	200.00 - 250.00	240.00 - 240.00	200.00 - 200.00	160.00 - 160.00	120.00 - 120.00	200.00 - 200.00	170.00 - 200.00	100.00 - 160.00
Matara	160.00 - 200.00	400.00 - 480.00	320.00 - 480.00	200.00 - 260.00	150.00 - 180.00	150.00 - 180.00	150.00 - 180.00	360.00 - 400.00	170.00 - 190.00	140.00 - 160.00
Galle	200.00 - 240.00	360.00 - 400.00	260.00 - 300.00	200.00 - 240.00	160.00 - 180.00	180.00 - 200.00	180.00 - 200.00	240.00 - 250.00	180.00 - 180.00	140.00 - 150.00
Tissamaharama	160.00 - 180.00	440.00 - 460.00	240.00 - 260.00	220.00 - 240.00	230.00 - 250.00	160.00 - 180.00	160.00 - 180.00	350.00 - 400.00	160.00 - 180.00	120.00 - 140.00
Meegoda (DEC)	280.00 - 320.00	500.00 - 600.00	360.00 - 400.00	240.00 - 280.00	160.00 - 200.00	160.00 - 160.00	160.00 - 160.00	200.00 - 240.00	160.00 - 180.00	140.00 - 150.00
Embilipitiya	100.00 - 140.00	400.00 - 480.00	200.00 - 240.00	240.00 - 300.00	150.00 - 180.00	320.00 - 350.00	280.00 - 320.00	600.00 - 700.00	150.00 - 180.00	100.00 - 140.00
Jaffna	180.00 - 210.00	300.00 - 320.00	240.00 - 260.00	250.00 - 280.00	180.00 - 200.00	350.00 - 370.00	300.00 - 320.00	260.00 - 280.00	170.00 - 180.00	100.00 - 120.00
Vavuniya	150.00 - 200.00	300.00 - 400.00	200.00 - 250.00	200.00 - 240.00	200.00 - 240.00	250.00 - 300.00	250.00 - 300.00	300.00 - 350.00	170.00 - 190.00	140.00 - 160.00
Mannar	180.00 - 200.00	450.00 - 500.00	250.00 - 300.00	250.00 - 280.00	180.00 - 200.00	250.00 - 280.00	180.00 - 200.00	240.00 - 250.00	160.00 - 165.00	90.00 - 95.00
Killinochchi	170.00 - 190.00	300.00 - 330.00	300.00 - 340.00	220.00 - 240.00	170.00 - 190.00	260.00 - 280.00	250.00 - 270.00	260.00 - 280.00	150.00 - 160.00	80.00 - 100.00
Mullaittivu	160.00 - 200.00	300.00 - 350.00	200.00 - 250.00	240.00 - 260.00	190.00 - 220.00	280.00 - 280.00	250.00 - 280.00	200.00 - 200.00	140.00 - 150.00	90.00 - 100.00
Batticaloa	200.00 - 220.00	300.00 - 350.00	200.00 - 200.00	200.00 - 250.00	150.00 - 150.00	-	320.00 - 320.00	320.00 - 320.00	160.00 - 165.00	60.00 - 65.00
Trincomalee	200.00 220.00	320.00 350.00	340.00 360.00	220.00 240.00	190.00 200.00	340.00 350.00	280.00 300.00	220.00 240.00	160.00 170.00	110.00 120.00
Hanguranketha	180.00 - 210.00	450.00 - 500.00	250.00 - 280.00	180.00 - 220.00	-	200.00 - 250.00	-	250.00 - 300.00	140.00 - 150.00	120.00 - 130.00
Veyangoda	240.00 - 280.00	440.00 - 520.00	320.00 - 360.00	220.00 - 240.00	180.00 - 220.00	180.00 - 200.00	180.00 - 200.00	280.00 - 320.00	140.00 - 160.00	110.00 - 130.00
Galenbindunuwewa	140.00 - 180.00	500.00 - 600.00	300.00 - 400.00	160.00 - 200.00	160.00 - 200.00	220.00 - 300.00	200.00 - 260.00	280.00 - 340.00	125.00 - 140.00	100.00 - 120.00
Bandarawela	170.00 - 200.00	320.00 - 360.00	200.00 - 240.00	180.00 - 220.00	160.00 - 180.00	210.00 - 240.00	210.00 - 240.00	320.00 - 400.00	150.00 - 170.00	120.00 - 140.00
Matale	200.00 - 240.00	500.00 - 600.00	200.00 - 240.00	280.00 - 320.00	180.00 - 200.00	360.00 - 400.00	360.00 - 400.00	350.00 - 480.00	150.00 - 170.00	120.00 - 140.00

**Table 08: Selected Markets: Retail Price of Fruits (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Large	Medium	Small	Betti	Karthakolomban
Colombo	180.00 - 250.00	350.00 - 450.00	160.00 - 250.00	300.00 - 400.00	300.00 - 400.00	300.00 - 500.00	-	-	-	500.00 - 800.00
Gampaha	180.00 - 220.00	390.00 - 420.00	180.00 - 220.00	-	-	390.00 - 440.00	-	-	-	400.00 - 450.00
Kurunegala	200.00 - 230.00	440.00 - 460.00	200.00 - 230.00	-	420.00 - 460.00	440.00 - 500.00	-	-	-	450.00 - 500.00
Nikaweratiya	200.00 - 230.00	400.00 - 450.00	200.00 - 230.00	-	450.00 - 480.00	-	-	-	-	-
Dambulla	200.00 - 220.00	380.00 - 420.00	180.00 - 200.00	-	380.00 - 400.00	350.00 - 400.00	-	-	350.00 - 400.00	600.00 - 700.00
Anuradhapura	240.00 - 260.00	400.00 - 450.00	200.00 - 220.00	300.00 - 400.00	380.00 - 450.00	680.00 - 760.00	-	-	-	600.00 - 700.00
Thambuththegama	200.00 - 250.00	400.00 - 450.00	150.00 - 200.00	-	450.00 - 480.00	400.00 - 500.00	-	-	-	400.00 - 500.00
Polonnaruwa	250.00 - 250.00	450.00 - 500.00	180.00 - 200.00	-	450.00 - 500.00	450.00 - 550.00	-	-	-	700.00 - 750.00
Kaluthara	180.00 - 220.00	300.00 - 360.00	160.00 - 180.00	220.00 - 280.00	250.00 - 300.00	390.00 - 494.00	-	-	-	420.00 - 500.00
Badulla	150.00 - 200.00	350.00 - 400.00	150.00 - 180.00	200.00 - 250.00	250.00 - 350.00	400.00 - 450.00	-	-	250.00 - 300.00	500.00 - 650.00
Keppetipola	220.00 - 230.00	360.00 - 370.00	190.00 - 210.00	230.00 - 240.00	330.00 - 340.00	320.00 - 330.00	-	-	-	-
Moneragala	130.00 - 150.00	300.00 - 340.00	100.00 - 120.00	250.00 - 270.00	260.00 - 300.00	350.00 - 400.00	-	-	-	600.00 - 700.00
Kegalle	200.00 - 220.00	360.00 - 380.00	200.00 - 220.00	350.00 - 380.00	350.00 - 380.00	350.00 - 380.00	-	-	-	850.00 - 900.00
Ampara	160.00 - 180.00	350.00 - 380.00	140.00 - 140.00	350.00 - 350.00	350.00 - 350.00	400.00 - 460.00	-	-	-	650.00 - 680.00
Dehiattakandiya	220.00 - 250.00	380.00 - 420.00	200.00 - 200.00	-	360.00 - 380.00	700.00 - 800.00	-	-	-	800.00 - 800.00
Nuwaraeliya	220.00 - 240.00	360.00 - 380.00	200.00 - 220.00	260.00 - 280.00	300.00 - 320.00	360.00 - 380.00	-	-	-	950.00 - 980.00
Kandy	180.00 - 200.00	340.00 - 360.00	170.00 - 200.00	260.00 - 280.00	360.00 - 370.00	350.00 - 375.00	-	-	-	-
Puttalam	130.00 - 160.00	320.00 - 360.00	130.00 - 160.00	250.00 - 280.00	-	520.00 - 550.00	-	-	-	-
Rathnapura	160.00 - 240.00	400.00 - 500.00	140.00 - 200.00	300.00 - 330.00	350.00 - 380.00	420.00 - 490.00	-	-	-	450.00 - 750.00
Hambantota	120.00 - 140.00	300.00 - 320.00	150.00 - 150.00	-	-	350.00 - 400.00	-	-	-	400.00 - 450.00
Matara	180.00 - 200.00	360.00 - 380.00	150.00 - 180.00	250.00 - 270.00	270.00 - 300.00	400.00 - 420.00	-	-	280.00 - 320.00	400.00 - 500.00
Galle	180.00 - 200.00	380.00 - 400.00	180.00 - 200.00	350.00 - 380.00	350.00 - 380.00	380.00 - 400.00	-	-	-	900.00 - 1000.00
Tissamaharama	150.00 - 170.00	350.00 - 370.00	140.00 - 150.00	-	-	380.00 - 420.00	-	-	-	-
Meegoda (DEC)	180.00 - 220.00	380.00 - 400.00	180.00 - 200.00	300.00 - 320.00	300.00 - 320.00	280.00 - 350.00	-	-	-	450.00 - 500.00
Embilipitiya	80.00 - 100.00	250.00 - 300.00	80.00 - 120.00	250.00 - 280.00	280.00 - 300.00	320.00 - 400.00	-	-	350.00 - 380.00	450.00 - 600.00
Jaffna	160.00 - 170.00	340.00 - 350.00	140.00 - 160.00	-	-	-	-	-	-	-
Vavuniya	160.00 - 180.00	350.00 - 380.00	150.00 - 180.00	180.00 - 200.00	160.00 - 180.00	500.00 - 600.00	-	-	-	550.00 - 650.00
Mannar	180.00 - 200.00	350.00 - 380.00	150.00 - 180.00	250.00 - 250.00	280.00 - 300.00	550.00 - 600.00	-	-	-	950.00 - 1000.00
Killinochchi	180.00 - 200.00	340.00 - 360.00	160.00 - 180.00	170.00 - 180.00	190.00 - 200.00	500.00 - 540.00	-	-	-	-
Mullaittivu	150.00 - 160.00	350.00 - 380.00	140.00 - 150.00	240.00 - 270.00	270.00 - 320.00	580.00 - 650.00	-	-	-	1000.00 - 1200.00
Batticaloa	-	350.00 - 380.00	150.00 - 150.00	250.00 - 250.00	-	500.00 - 550.00	-	-	-	750.00 - 800.00
Trincomalee	200.00 - 220.00	400.00 - 440.00	180.00 - 200.00	-	-	650.00 - 680.00	-	-	-	650.00 - 700.00
Veyangoda	190.00 - 220.00	380.00 - 400.00	180.00 - 210.00	320.00 - 350.00	350.00 - 370.00	320.00 - 350.00	-	-	-	380.00 - 450.00
Galenbindunuwewa	140.00 - 180.00	360.00 - 400.00	130.00 - 170.00	-	-	400.00 - 440.00	-	-	-	550.00 - 600.00
Bandarawela	200.00 - 220.00	320.00 - 340.00	160.00 - 180.00	260.00 - 280.00	280.00 - 300.00	-	-	-	-	-
Matale	180.00 - 200.00	400.00 - 460.00	180.00 - 200.00	200.00 - 240.00	350.00 - 400.00	520.00 - 600.00	-	-	-	-

**Table 08 (Contd.)**

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes	King Coconut(Rs/nut)
Colombo	450.00 - 600.00	-	250.00 - 400.00	600.00 - 1000.00	450.00 - 900.00	250.00 - 500.00	600.00 - 1000.00	400.00 - 700.00	2300.00 - 3000.00	200.00 - 250.00
Gampaha	-	-	280.00 - 300.00	-	500.00 - 700.00	280.00 - 360.00	600.00 - 700.00	-	2700.00 - 2800.00	180.00 - 200.00
Kurunegala	-	-	260.00 - 300.00	-	620.00 - 700.00	-	650.00 - 700.00	-	2500.00 - 2600.00	170.00 - 200.00
Nikaweratiya	-	-	180.00 - 220.00	-	-	360.00 - 420.00	600.00 - 700.00	-	2400.00 - 2600.00	180.00 - 200.00
Dambulla	450.00 - 500.00	200.00 - 250.00	200.00 - 250.00	600.00 - 650.00	400.00 - 450.00	300.00 - 380.00	550.00 - 650.00	300.00 - 350.00	2900.00 - 3000.00	180.00 - 200.00
Anuradhapura	-	-	180.00 - 200.00	-	500.00 - 600.00	400.00 - 500.00	600.00 - 700.00	500.00 - 600.00	2500.00 - 2800.00	200.00 - 250.00
Thambuththegama	-	-	180.00 - 250.00	400.00 - 500.00	-	200.00 - 250.00	380.00 - 500.00	-	-	200.00 - 220.00
Polonnaruwa	500.00 - 600.00	-	250.00 - 300.00	900.00 - 1000.00	-	420.00 - 480.00	800.00 - 850.00	-	2500.00 - 3000.00	250.00 - 260.00
Kaluthara	500.00 - 600.00	-	250.00 - 300.00	-	450.00 - 600.00	-	-	450.00 - 500.00	2500.00 - 3000.00	170.00 - 200.00
Badulla	400.00 - 450.00	200.00 - 250.00	200.00 - 300.00	800.00 - 1000.00	450.00 - 600.00	300.00 - 400.00	400.00 - 500.00	300.00 - 350.00	2800.00 - 3000.00	150.00 - 250.00
Keppetipola	-	-	340.00 - 350.00	700.00 - 800.00	420.00 - 480.00	360.00 - 420.00	900.00 - 1000.00	420.00 - 480.00	2500.00 - 2600.00	230.00 - 250.00
Moneragala	-	-	150.00 - 170.00	600.00 - 680.00	-	300.00 - 360.00	500.00 - 600.00	250.00 - 300.00	2800.00 - 3000.00	180.00 - 200.00
Kegalle	450.00 - 500.00	-	400.00 - 450.00	550.00 - 600.00	500.00 - 550.00	350.00 - 360.00	1000.00 - 1050.00	350.00 - 360.00	2500.00 - 2500.00	150.00 - 160.00
Ampara	400.00 - 450.00	-	260.00 - 280.00	600.00 - 650.00	-	-	-	-	2800.00 - 3000.00	180.00 - 200.00
Dehiattakandiya	-	-	330.00 - 350.00	-	-	-	650.00 - 650.00	300.00 - 350.00	2800.00 - 3000.00	130.00 - 160.00
Nuwaraeliya	360.00 - 380.00	200.00 - 220.00	340.00 - 360.00	800.00 - 1000.00	480.00 - 500.00	550.00 - 600.00	750.00 - 800.00	460.00 - 480.00	2600.00 - 3000.00	250.00 - 260.00
Kandy	-	-	250.00 - 270.00	800.00 - 1000.00	400.00 - 500.00	300.00 - 350.00	800.00 - 1000.00	300.00 - 350.00	2500.00 - 2600.00	180.00 - 200.00
Puttalam	-	-	280.00 - 320.00	500.00 - 600.00	-	200.00 - 280.00	-	-	2500.00 - 2600.00	150.00 - 150.00
Hambantota	-	-	150.00 - 200.00	400.00 - 500.00	350.00 - 400.00	280.00 - 320.00	550.00 - 550.00	300.00 - 350.00	2500.00 - 3000.00	140.00 - 150.00
Rathnapura	500.00 - 600.00	200.00 - 300.00	200.00 - 280.00	-	400.00 - 600.00	250.00 - 300.00	-	300.00 - 500.00	2000.00 - 2500.00	120.00 - 160.00
Matara	450.00 - 500.00	-	200.00 - 230.00	600.00 - 650.00	550.00 - 600.00	400.00 - 500.00	500.00 - 550.00	450.00 - 480.00	2500.00 - 2800.00	180.00 - 200.00
Galle	-	-	280.00 - 300.00	800.00 - 1000.00	600.00 - 650.00	600.00 - 700.00	1100.00 - 1200.00	600.00 - 600.00	2850.00 - 3000.00	160.00 - 200.00
Tissamaharama	-	-	200.00 - 220.00	-	450.00 - 480.00	-	-	450.00 - 460.00	3000.00 - 3200.00	180.00 - 190.00
Meegoda (DEC)	400.00 - 500.00	-	220.00 - 250.00	600.00 - 700.00	600.00 - 600.00	240.00 - 300.00	450.00 - 500.00	250.00 - 300.00	2200.00 - 3000.00	170.00 - 180.00
Embilipitiya	320.00 - 350.00	200.00 - 250.00	200.00 - 240.00	500.00 - 600.00	450.00 - 500.00	200.00 - 250.00	700.00 - 750.00	280.00 - 320.00	2300.00 - 2500.00	180.00 - 200.00
Jaffna	-	-	240.00 - 250.00	-	400.00 - 420.00	-	-	-	2400.00 - 2500.00	180.00 - 200.00
Vavuniya	-	-	200.00 - 240.00	400.00 - 500.00	400.00 - 450.00	-	-	-	2600.00 - 2700.00	200.00 - 240.00
Mannar	-	-	250.00 - 300.00	350.00 - 400.00	400.00 - 450.00	500.00 - 550.00	-	-	2600.00 - 2800.00	180.00 - 200.00
Killinochchi	-	-	250.00 - 280.00	-	360.00 - 420.00	-	-	-	2800.00 - 2900.00	240.00 - 260.00
Mullaittivu	-	-	240.00 - 280.00	400.00 - 420.00	400.00 - 420.00	-	-	-	2650.00 - 2750.00	160.00 - 180.00
Batticaloa	-	-	300.00 - 350.00	500.00 - 550.00	500.00 - 600.00	380.00 - 400.00	650.00 - 700.00	-	2000.00 - 2200.00	180.00 - 200.00
Trincomalee	-	-	300.00 - 340.00	600.00 - 650.00	400.00 - 450.00	440.00 - 450.00	-	-	2400.00 - 2500.00	220.00 - 240.00
Veyangoda	-	-	230.00 - 250.00	600.00 - 660.00	600.00 - 650.00	320.00 - 360.00	500.00 - 600.00	380.00 - 400.00	2500.00 - 2600.00	170.00 - 200.00
Galenbindunuwewa	350.00 - 400.00	-	160.00 - 200.00	-	-	250.00 - 300.00	600.00 - 750.00	-	2500.00 - 2600.00	180.00 - 200.00
Bandarawela	-	-	200.00 - 240.00	800.00 - 900.00	420.00 - 540.00	300.00 - 360.00	-	-	2600.00 - 2700.00	200.00 - 220.00
Matale	-	320.00 - 400.00	340.00 - 360.00	500.00 - 700.00	400.00 - 500.00	400.00 - 500.00	-	300.00 - 400.00	2400.00 - 2500.00	160.00 - 200.00

**Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)**

Week 14: 03 - 09 Apr 2026

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	800.00 – 800.00	1000.00 – 1000.00	800.00 – 850.00	1200.00 – 1500.00	2500.00 – 2600.00	1200.00 – 1400.00
Kandy	650.00 – 700.00	1000.00 – 1100.00	850.00 – 1000.00	1200.00 – 1400.00	2400.00 – 2600.00	1000.00 – 1250.00
Kaluthara	700.00 – 750.00	-	1200.00 – 1300.00	1400.00 – 1600.00	-	-
Puttalam	500.00 – 600.00	900.00 – 1050.00	800.00 – 850.00	1200.00 – 1350.00	1850.00 – 2000.00	1100.00 – 1200.00
Matara	700.00 – 730.00	-	1000.00 – 1100.00	1350.00 – 1500.00	-	1400.00 – 1500.00
Hambantota	-	900.00 – 1000.00	800.00 – 900.00	1300.00 – 1400.00	2400.00 – 2400.00	1000.00 – 1000.00
Galle	450.00 – 500.00	950.00 – 1000.00	700.00 – 900.00	1000.00 – 1300.00	1400.00 – 1500.00	1000.00 – 1300.00
Batticaloa	-	-	1000.00 – 1000.00	1200.00 – 1200.00	1200.00 – 1200.00	1200.00 – 1200.00
Trincomalee	400.00 – 450.00	950.00 – 1000.00	1000.00 – 1050.00	1800.00 – 1850.00	1900.00 – 1950.00	1400.00 – 1450.00
Mannar	700.00 – 750.00	1250.00 – 1300.00	1000.00 – 1100.00	-	-	1200.00 – 1220.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1300.00 – 1400.00	1250.00 – 1450.00	1800.00 – 2200.00	-	41.00 – 43.00	39.00 – 40.00
Kandy	1300.00 – 1400.00	2000.00 – 2200.00	1900.00 – 2000.00	-	40.00 – 42.00	38.00 – 40.00
Kaluthara	800.00 – 1000.00	-	1700.00 – 1800.00	-	-	-
Puttalam	1700.00 – 1800.00	1800.00 – 2000.00	-	-	43.00 – 44.00	41.00 – 42.00
Matara	1000.00 – 1100.00	-	1500.00 – 1600.00	-	42.00 – 43.00	38.00 – 39.00
Hambantota	-	1200.00 – 1200.00	2000.00 – 2000.00	-	40.00 – 40.00	39.00 – 39.00
Galle	850.00 – 1000.00	-	1500.00 – 1700.00	-	39.00 – 40.00	38.00 – 40.00
Batticaloa	700.00 – 750.00	1000.00 – 1200.00	1200.00 – 1200.00	-	42.00 – 42.00	39.00 – 40.00
Trincomalee	1800.00 – 1850.00	1150.00 – 1200.00	-	-	40.00 – 42.00	39.00 – 40.00
Mannar	1550.00 – 1600.00	1400.00 – 1450.00	-	-	41.00 – 42.00	38.00 – 39.00

**Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/kg)**

Week 14: 03 - 09 Apr 2026

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	1400.00 – 1600.00	1800.00 – 2200.00	2800.00 – 3000.00	2550.00 – 2800.00	1400.00 – 1550.00	1800.00 – 2000.00
Kandy	1500.00 – 1600.00	-	-	2550.00 – 2700.00	1500.00 – 1600.00	-
Batticaloa	-	2500.00 – 2500.00	-	-	1500.00 – 1650.00	-
Trincomalee	1150.00 – 1200.00	-	-	-	-	-
Mannar	1200.00 – 1300.00	2450.00 – 2500.00	-	2000.00 – 2200.00	1000.00 – 1100.00	900.00 – 950.00

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	1500.00 – 1700.00	-	800.00 – 850.00	1150.00 – 1200.00	2100.00 – 2200.00	3000.00 – 3200.00
Kandy	-	-	850.00 – 900.00	1200.00 – 1300.00	1850.00 – 1900.00	-
Batticaloa	-	-	500.00 – 500.00	1000.00 – 1100.00	-	-
Trincomalee	-	-	550.00 – 600.00	900.00 – 950.00	1900.00 – 2000.00	-
Mannar	800.00 – 850.00	-	-	-	-	-

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	2500.00 – 2600.00	-	2000.00 – 2150.00	-	-	-
Kandy	-	-	-	-	-	-
Batticaloa	-	-	-	-	-	-
Trincomalee	-	1150.00 – 1200.00	1000.00 – 1050.00	1100.00 – 1150.00	-	-
Mannar	-	-	-	-	-	-

**Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Sea Fish									Eggs										
	Salaya		Hurulla		Balaya		Kelawalla		Thora		Paraw		Mora		Thalapath		Brown		White	
Colombo	800.00 - 900.00	1000.00 - 1500.00	1100.00 - 1500.00	1600.00 - 2800.00	2800.00 - 4000.00	1500.00 - 2800.00	1700.00 - 2000.00	2700.00 - 3200.00	44.00 - 45.00	42.00 - 43.00										
Gampaha	700.00 - 800.00	1150.00 - 1200.00	-	2000.00 - 2100.00	-	2000.00 - 2000.00	-	2700.00 - 2800.00	44.00 - 45.00	42.00 - 43.00										
Kurunegala	750.00 - 800.00	1200.00 - 1300.00	-	2000.00 - 2100.00	-	1900.00 - 2000.00	-	2650.00 - 2700.00	43.00 - 45.00	39.00 - 42.00										
Nikaweratiya	800.00 - 900.00	1200.00 - 1300.00	1000.00 - 1150.00	2400.00 - 2500.00	-	-	-	2600.00 - 2700.00	41.00 - 44.00	41.00 - 43.00										
Dambulla	680.00 - 700.00	1300.00 - 1400.00	1100.00 - 1200.00	2300.00 - 2400.00	2800.00 - 2900.00	1400.00 - 1600.00	1800.00 - 2000.00	2600.00 - 2800.00	44.00 - 45.00	42.00 - 43.00										
Anuradhapura	700.00 - 750.00	1100.00 - 1200.00	1000.00 - 1200.00	2200.00 - 2400.00	-	1400.00 - 1600.00	1800.00 - 2000.00	2600.00 - 2800.00	43.00 - 44.00	41.00 - 43.00										
Thambuththegama	-	-	-	-	-	-	-	-	42.00 - 45.00	42.00 - 45.00										
Polonnaruwa	600.00 - 600.00	1300.00 - 1300.00	1600.00 - 1600.00	2000.00 - 2000.00	2700.00 - 2700.00	1800.00 - 1800.00	2000.00 - 2000.00	2400.00 - 2400.00	43.00 - 43.00	43.00 - 43.00										
Kaluthara	800.00 - 900.00	-	-	2400.00 - 2800.00	-	2200.00 - 2800.00	1800.00 - 2000.00	2600.00 - 2800.00	43.00 - 45.00	40.00 - 42.00										
Badulla	560.00 - 600.00	1000.00 - 1200.00	1500.00 - 1600.00	2000.00 - 2150.00	2600.00 - 2800.00	1600.00 - 1800.00	1100.00 - 1800.00	2250.00 - 2600.00	44.00 - 46.00	40.00 - 44.00										
Keppetipola	600.00 - 650.00	1100.00 - 1200.00	1400.00 - 1450.00	1900.00 - 2000.00	-	1500.00 - 1550.00	1650.00 - 1700.00	2200.00 - 2300.00	46.00 - 48.00	44.00 - 46.00										
Moneragala	700.00 - 750.00	1200.00 - 1400.00	1150.00 - 1200.00	2200.00 - 2400.00	2800.00 - 3000.00	-	-	2600.00 - 2800.00	43.00 - 44.00	42.00 - 43.00										
Kegalle	850.00 - 900.00	1400.00 - 1430.00	1000.00 - 1150.00	2000.00 - 2050.00	-	-	1750.00 - 1800.00	2600.00 - 2620.00	44.00 - 45.00	42.00 - 44.00										
Ampara	700.00 - 800.00	1200.00 - 1300.00	-	2500.00 - 2600.00	-	1800.00 - 2000.00	-	2800.00 - 3000.00	-	40.00 - 45.00										
Dehiattakandiya	700.00 - 700.00	-	1600.00 - 1600.00	2400.00 - 2400.00	-	-	-	-	40.00 - 43.00	38.00 - 40.00										
Nuwareliya	640.00 - 660.00	-	1400.00 - 1500.00	1800.00 - 1900.00	2800.00 - 3000.00	1560.00 - 1600.00	1650.00 - 1680.00	2300.00 - 2400.00	47.00 - 48.00	44.00 - 45.00										
Kandy	850.00 - 900.00	1200.00 - 1300.00	1250.00 - 1400.00	2000.00 - 2200.00	2900.00 - 3000.00	1500.00 - 1600.00	1600.00 - 1650.00	2200.00 - 2400.00	44.00 - 45.00	41.00 - 43.00										
Puttalam	600.00 - 750.00	1100.00 - 1200.00	1000.00 - 1200.00	2000.00 - 2400.00	2200.00 - 2500.00	1300.00 - 1600.00	2000.00 - 2400.00	2500.00 - 2600.00	45.00 - 45.00	45.00 - 45.00										
Hambantota	600.00 - 600.00	1100.00 - 1200.00	1000.00 - 1100.00	2300.00 - 2400.00	3200.00 - 3200.00	1700.00 - 1800.00	-	2500.00 - 2600.00	41.00 - 41.00	39.00 - 41.00										
Rathnapura	600.00 - 700.00	1300.00 - 1400.00	1200.00 - 1400.00	1800.00 - 2000.00	3200.00 - 3600.00	2000.00 - 2200.00	1600.00 - 1800.00	2220.00 - 2400.00	43.00 - 44.00	40.00 - 42.00										
Matara	800.00 - 900.00	-	1600.00 - 1700.00	2200.00 - 2400.00	-	2200.00 - 2300.00	1500.00 - 1600.00	2400.00 - 2500.00	43.00 - 45.00	39.00 - 41.00										
Galle	650.00 - 750.00	1300.00 - 1400.00	1100.00 - 1250.00	2300.00 - 2500.00	2800.00 - 3400.00	2000.00 - 2200.00	-	2200.00 - 2400.00	41.00 - 43.00	40.00 - 42.00										
Tissamaharama	600.00 - 700.00	1200.00 - 1300.00	1200.00 - 1300.00	-	-	-	-	2100.00 - 2200.00	-	42.00 - 44.00										
Meegoda	800.00 - 800.00	-	-	-	-	-	-	3000.00 - 3300.00	44.00 - 45.00	40.00 - 44.00										
Embilipitiya	650.00 - 700.00	-	1350.00 - 1400.00	2300.00 - 2500.00	-	1800.00 - 1850.00	1650.00 - 1700.00	2550.00 - 2600.00	41.00 - 42.00	39.00 - 42.00										
Jaffna	500.00 - 600.00	-	1200.00 - 1300.00	-	2700.00 - 2900.00	-	-	-	43.00 - 44.00	42.00 - 43.00										
Vavuniya	600.00 - 700.00	1200.00 - 1300.00	1200.00 - 1300.00	2400.00 - 2500.00	2800.00 - 2900.00	1700.00 - 1900.00	2600.00 - 2700.00	2500.00 - 2700.00	43.00 - 47.00	42.00 - 46.00										
Mannar	800.00 - 950.00	1500.00 - 1550.00	1300.00 - 1350.00	-	-	1800.00 - 1850.00	2500.00 - 2550.00	-	44.00 - 45.00	42.00 - 43.00										
Killinochchi	450.00 - 500.00	900.00 - 950.00	1000.00 - 1100.00	-	-	1400.00 - 1500.00	2400.00 - 2500.00	-	44.00 - 45.00	42.00 - 43.00										
Mullaitivu	500.00 - 550.00	950.00 - 1050.00	1200.00 - 1250.00	1900.00 - 2000.00	-	1450.00 - 1600.00	2350.00 - 2500.00	1950.00 - 2000.00	42.00 - 44.00	39.00 - 42.00										
Batticaloa	600.00 - 600.00	1000.00 - 1000.00	1800.00 - 1850.00	2000.00 - 2100.00	2200.00 - 2200.00	2000.00 - 2200.00	1200.00 - 1300.00	-	-	-										
Trincomalee	500.00 - 550.00	1100.00 - 1150.00	1150.00 - 1200.00	2100.00 - 2150.00	2300.00 - 2350.00	1550.00 - 1600.00	1950.00 - 2000.00	-	43.00 - 45.00	42.00 - 44.00										
Veyangoda	780.00 - 800.00	-	-	2200.00 - 2300.00	3000.00 - 3000.00	-	-	2500.00 - 2600.00	43.00 - 46.00	40.00 - 44.00										
Galenbindunuwewa	600.00 - 700.00	-	950.00 - 1200.00	2300.00 - 2500.00	3400.00 - 3500.00	1500.00 - 1600.00	2000.00 - 2200.00	2900.00 - 3000.00	43.00 - 45.00	42.00 - 45.00										
Bandarawela	-	1300.00 - 1400.00	-	1900.00 - 2000.00	-	1800.00 - 1850.00	1500.00 - 1550.00	2400.00 - 2500.00	43.00 - 45.00	41.00 - 42.00										
Matale	700.00 - 800.00	1200.00 - 1400.00	1000.00 - 1200.00	2500.00 - 2600.00	3000.00 - 3200.00	1600.00 - 1700.00	1600.00 - 1700.00	2600.00 - 2800.00	43.00 - 45.00	41.00 - 42.00										

**Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Dried Fish													
	Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya	
Colombo	1300.00	1400.00	2300.00	3200.00	3200.00	4000.00	3000.00	3400.00	1800.00	2400.00	2400.00	3000.00	1000.00	1200.00
Gampaha	1000.00	2000.00	3000.00	3200.00	-	-	3000.00	3200.00	1400.00	1500.00	2000.00	2200.00	1300.00	1400.00
Kurunegala	-	-	2400.00	2500.00	-	-	-	-	1500.00	1600.00	2000.00	2200.00	950.00	1000.00
Nikaweratiya	1000.00	1200.00	-	-	-	-	-	-	1800.00	2000.00	2600.00	2700.00	900.00	1000.00
Dambulla	-	-	2500.00	2600.00	-	-	3000.00	3200.00	1600.00	1800.00	2200.00	2400.00	-	-
Anuradhapura	-	-	2600.00	3000.00	-	-	3000.00	3200.00	1800.00	2000.00	2400.00	2800.00	900.00	1200.00
Thambuththegama	-	-	2200.00	2400.00	-	-	2800.00	3200.00	1300.00	1700.00	1350.00	1500.00	1000.00	1200.00
Polonnaruwa	1400.00	1500.00	-	-	-	-	-	-	-	-	-	-	-	-
Kaluthara	-	-	-	-	-	-	2800.00	3200.00	1400.00	1800.00	-	-	1000.00	1200.00
Badulla	1200.00	1200.00	2400.00	2800.00	2800.00	3000.00	2800.00	3200.00	1300.00	1800.00	-	-	-	-
Keppetipola	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Moneragala	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kegalle	1600.00	1700.00	-	-	-	-	-	-	-	-	-	-	-	-
Ampara	1400.00	1600.00	2500.00	2600.00	2800.00	2800.00	2800.00	3000.00	1900.00	2000.00	-	-	-	-
Dehiattakandiya	-	-	2200.00	3000.00	-	-	2800.00	2800.00	1800.00	2400.00	1600.00	1800.00	1200.00	1200.00
Nuwaraeliya	-	-	3000.00	3200.00	3300.00	3400.00	3200.00	3250.00	1800.00	1900.00	1700.00	1800.00	1100.00	1200.00
Kandy	-	-	-	-	3400.00	3500.00	3000.00	3200.00	2000.00	2200.00	2400.00	2500.00	1100.00	1200.00
Puttalam	1600.00	1650.00	2600.00	3000.00	-	-	2700.00	2700.00	1600.00	1800.00	1400.00	1600.00	900.00	1120.00
Hambantota	-	-	-	-	-	-	-	-	1500.00	1600.00	-	-	-	-
Rathnapura	1320.00	1400.00	2400.00	2800.00	-	-	3200.00	3400.00	1840.00	2350.00	2200.00	2600.00	960.00	1000.00
Matara	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Galle	1700.00	1800.00	2500.00	2800.00	-	-	2400.00	2600.00	1600.00	2000.00	2300.00	2600.00	1200.00	1200.00
Tissamaharama	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Meegoda	-	-	2600.00	2600.00	-	-	3000.00	3000.00	1700.00	1900.00	-	-	1000.00	1200.00
Embilipitiya	1700.00	1800.00	2500.00	2600.00	-	-	-	-	1750.00	1800.00	-	-	900.00	950.00
Jaffna	-	-	2000.00	2100.00	-	-	2400.00	2600.00	1400.00	1500.00	-	-	1200.00	1250.00
Vavuniya	1400.00	1500.00	2100.00	2200.00	-	-	2400.00	2500.00	1400.00	1500.00	1400.00	1500.00	900.00	1000.00
Mannar	1350.00	1450.00	2800.00	2850.00	-	-	2800.00	3000.00	1800.00	2000.00	1950.00	2000.00	-	-
Killinochchi	1700.00	1800.00	2500.00	2600.00	-	-	2400.00	2500.00	1300.00	1400.00	-	-	1000.00	1100.00
Mullaittivu	1400.00	1500.00	2500.00	2600.00	-	-	2450.00	2500.00	1250.00	1400.00	-	-	1100.00	1250.00
Batticaloa	1200.00	1300.00	2800.00	2850.00	-	-	-	-	1800.00	2000.00	-	-	-	-
Trincomalee	1400.00	1450.00	-	-	-	-	-	-	-	-	-	-	-	-
Veyangoda	1400.00	1600.00	-	-	-	-	-	-	1700.00	2000.00	-	-	1000.00	1200.00
Galenbindunuwewa	1400.00	1600.00	3100.00	3300.00	3450.00	3500.00	3100.00	3300.00	2000.00	2200.00	3000.00	3200.00	900.00	1000.00
Bandarawela	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Matale	-	-	2600.00	2900.00	-	-	2800.00	3000.00	1800.00	1950.00	2600.00	2700.00	1000.00	1100.00

**Table 13: Selected Markets: Retail Price of Meat (Rs/kg)**

Week 14: 03 - 09 Apr 2026

LOCATIONS	Meat		Meat (Chicken)		Meat					
	Beef		Broiler	Curry	Mutton	Pork				
Colombo	3000.00	- 3000.00	1400.00	- 1480.00	1250.00	- 1350.00	4200.00	- 4500.00	2700.00	- 2800.00
Gampaha	-		1400.00	- 1430.00	1400.00	- 1500.00	4000.00	- 4000.00	2600.00	- 2600.00
Kurunegala	2600.00	- 2600.00	1400.00	- 1440.00	-		-		2700.00	- 2700.00
Nikaweratiya	2500.00	- 2600.00	1350.00	- 1480.00	-		-		-	
Dambulla	-		1450.00	- 1500.00	1400.00	- 1450.00	-		2600.00	- 2700.00
Anuradhapura	2600.00	- 2700.00	1400.00	- 1450.00	-		-		2700.00	- 2800.00
Thambuththegama	-		1250.00	- 1400.00	-		-		2600.00	- 2800.00
Polonnaruwa	2700.00	- 2700.00	1540.00	- 1600.00	1800.00	- 1850.00	4000.00	- 4000.00	2800.00	- 2800.00
Kaluthara	2700.00	- 2800.00	1400.00	- 1500.00	1350.00	- 1400.00	-		2600.00	- 2600.00
Badulla	2450.00	- 2500.00	1500.00	- 1530.00	1300.00	- 1450.00	3500.00	- 3500.00	-	
Keppetipola	2400.00	- 2400.00	1450.00	- 1500.00	1550.00	- 1600.00	3200.00	- 3300.00	-	
Moneragala	2800.00	- 2800.00	1500.00	- 1600.00	-		-		3000.00	- 3200.00
Kegalle	2600.00	- 2650.00	1400.00	- 1490.00	1200.00	- 1250.00	3600.00	- 3700.00	2600.00	- 2700.00
Ampara	2400.00	- 2500.00	1500.00	- 1600.00	-		-		3000.00	- 3500.00
Dehiattakandiya	-		-		-		-		2500.00	- 2800.00
Nuwaraeliya	2400.00	- 2450.00	1450.00	- 1500.00	1500.00	- 1600.00	3600.00	- 3700.00	2900.00	- 3000.00
Kandy	2500.00	- 2600.00	1300.00	- 1350.00	1320.00	- 1350.00	3600.00	- 3700.00	2800.00	- 2900.00
Puttalam	2500.00	- 2500.00	1450.00	- 1500.00	1600.00	- 1700.00	4500.00	- 4500.00	-	
Hambantota	-		1400.00	- 1430.00	1350.00	- 1350.00	-		3000.00	- 3000.00
Rathnapura	2700.00	- 2700.00	1450.00	- 1500.00	1350.00	- 1450.00	3900.00	- 3900.00	2700.00	- 2700.00
Matara	-		1450.00	- 1490.00	-		-		-	
Galle	2750.00	- 2800.00	1400.00	- 1400.00	1400.00	- 1450.00	3800.00	- 3900.00	3700.00	- 3700.00
Tissamaharama	-		-		1450.00	- 1550.00	-		-	
Meegoda	-		1450.00	- 1470.00	1450.00	- 1460.00	-		2900.00	- 3000.00
Embilipitiya	2550.00	- 2600.00	1290.00	- 1350.00	1200.00	- 1300.00	3750.00	- 4300.00	2650.00	- 2800.00
Jaffna	2400.00	- 2500.00	1600.00	- 1650.00	1700.00	- 1750.00	3800.00	- 4000.00	-	
Vavuniya	2300.00	- 2500.00	1500.00	- 1600.00	1600.00	- 1800.00	3200.00	- 3500.00	-	
Mannar	2250.00	- 2300.00	1500.00	- 1550.00	1550.00	- 1600.00	-		-	
Killinochchi	2450.00	- 2500.00	1550.00	- 1600.00	1650.00	- 1700.00	3900.00	- 4000.00	-	
Mullaittivu	2300.00	- 2300.00	1550.00	- 1600.00	1600.00	- 1650.00	-		-	
Batticaloa	2300.00	- 2300.00	1550.00	- 1600.00	1650.00	- 1700.00	4000.00	- 4000.00	-	
Trincomalee	2300.00	- 2400.00	1450.00	- 1500.00	1650.00	- 1700.00	3900.00	- 4000.00	-	
Veyangoda	-		1400.00	- 1450.00	-		-		2600.00	- 2600.00
Galenbindunuwewa	2600.00	- 2600.00	1350.00	- 1350.00	1400.00	- 1450.00	3600.00	- 3600.00	2400.00	- 2400.00
Bandarawela	2500.00	- 2600.00	1350.00	- 1400.00	-		3800.00	- 3900.00	-	
Matale	2500.00	- 2600.00	1400.00	- 1450.00	-		3600.00	- 3800.00	2700.00	- 2800.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/each)

Week 14: 03 - 09 Apr 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<b>Rice</b>							<b>Coconut</b>						
<b>Local</b>							Large	155.00 - 165.00	160.00	160.83	188.00	-0.52	-14.89
Samba 1	250.00 - 255.00	251.00	250.00	241.67	0.40	3.86	Small	135.00 - 145.00	140.00	140.83	167.00	-0.59	-16.17
Samba 2	245.00 - 248.00	246.50	241.50	236.50	2.07	4.23							
Keeri Samba	340.00 - 350.00	345.00	335.00	280.00	2.99	23.21	<b>Fruits (Rs/kg)</b>						
Nadu 1	210.00 - 212.00	210.40	208.89	226.67	0.72	-7.18	<b>Plantain</b>						
Nadu 2	205.00 - 208.00	206.50	203.00	221.00	1.72	-6.56	Ambul	110.00 - 180.00	145.45	129.23	96.00	12.55	51.52
Raw (Red)	190.00 - 195.00	192.14	194.38	218.00	-1.15	-11.86	Kolikuttu	300.00 - 370.00	336.25	304.17	246.00	10.55	36.69
Raw (White)	200.00 - 210.00	206.25	208.33	220.00	-1.00	-6.25	Seeni	120.00 - 150.00	131.00	122.50	111.00	6.94	18.02
<b>Imported</b>							Anamalu	250.00 - 300.00	270.91	303.27	229.60	-10.67	17.99
Samba	-			233.00			Ambun	250.00 - 300.00	270.91	322.36	240.00	-15.96	12.88
Nadu	-						Papaw	150.00 - 230.00	204.00	237.00	122.50	-13.92	66.53
Raw (Red)	-						Passion Fruit	300.00 - 500.00	397.78	437.50	550.00	-9.08	-27.68
Raw (White)	-						Pineapple	250.00 - 320.00	287.50	322.50	456.67	-10.85	-37.04
<b>Dried Chillies</b>							Pineapple Medium	-					
Imported	920.00 - 1000.00	956.67	976.67	560.00	-2.05	70.83	Pineapple Small	-					
<b>Onion</b>							<b>Mango</b>						
Sinnan	-		186.67	193.33			Betti	-					
Vedalan	220.00 - 320.00	267.50		318.33	-15.97		Karthakolomban	400.00 - 600.00	480.00	568.50	643.13	-15.57	-25.36
Imported	220.00 - 240.00	230.00	231.67	285.00	-0.72	-19.30	Vilad	300.00 - 500.00	387.50	468.75			-17.33
<b>Big Onion</b>							Kohu	-					
Imported	100.00 - 130.00	116.67	152.14	112.50	-23.32	3.70	<b>Other</b>						
Local	-						Wood Apple	300.00 - 380.00	340.00	340.00	665.63	0.00	-48.92
<b>Potato</b>							Orange	150.00 - 200.00	170.00	145.00	234.38	17.24	-27.47
Welimada	250.00 - 270.00	260.00	255.00	257.50	1.96	0.97	Avocado	500.00 - 700.00	577.27	547.50	545.63	5.44	5.80
N'Eliya	280.00 - 320.00	302.86	298.00	279.17	1.63	8.49	Slime Apple	200.00 - 300.00	260.00	250.00	137.50	4.00	89.09
Imported	160.00 - 200.00	177.22	148.13	167.86	19.64	5.58	Grapes Imp.,	2200.00 - 2450.00	2325.00	2057.14	1516.67	13.02	53.30
<b>Pulses</b>							King Coconut	180.00 - 200.00	188.89	191.25	170.00	-1.23	11.11
Green Gram	800.00 - 875.00	850.00	796.00	805.00	6.78	5.59	<b>Sea Fish</b>						
Cowpea (White)	700.00 - 750.00	725.00	737.50	666.67	-1.69	8.75	Salaya	800.00 - 800.00	800.00	407.14	327.50	96.49	144.27
Cowpea (Red)	700.00 - 750.00	725.00	737.50	541.67	-1.69	33.85	Hurulla	1000.00 - 1000.00	1000.00	1085.71	920.83	-7.89	8.60
Red Dhal	270.00 - 290.00	277.86	316.88	255.83	-12.31	8.61	Balaya	800.00 - 850.00	825.00	907.14	904.55	-9.06	-8.79
<b>Vegetable</b>							Kelawalla	1200.00 - 1500.00	1400.00	1300.00	1254.17	7.69	11.63
Beans (Butter)	-						Thora	2500.00 - 2600.00	2533.33	2342.86	1979.17	8.13	28.00
Beans(Green)	200.00 - 280.00	244.55	364.55	425.00	-32.92	-42.46	Paraw	1200.00 - 1400.00	1300.00	1142.86	1308.33	13.75	-0.64
Carrot	280.00 - 350.00	310.00	315.00	326.00	-1.59	-4.91	Mora	1300.00 - 1400.00	1350.00	1366.67			-1.22
Leeks	140.00 - 180.00	157.00	163.00	117.00	-3.68	34.19	Shrimps	1250.00 - 1450.00	1337.50	2562.50	2183.33	-47.80	-38.74
Beetroot	40.00 - 130.00	100.71	104.67	330.00	-3.78	-69.48	Thalapat	1800.00 - 2200.00	2000.00	1571.43	1808.33	27.27	10.60
Knolkhol	80.00 - 130.00	101.11	120.91	234.00	-16.37	-56.79	<b>Eggs</b>						
Raddish	40.00 - 60.00	52.73	60.00	118.00	-12.12	-55.32	Brown	41.00 - 43.00	42.00	40.86	39.50	2.80	6.33
Cabbage	60.00 - 120.00	90.00	92.86	208.00	-3.08	-56.73	White	39.00 - 40.00	39.60	38.50	36.49	2.86	8.53
Tomato	100.00 - 140.00	123.64	84.00	353.00	47.19	-64.98	<b>Dried Fish</b>						
Ladies Fingers	100.00 - 160.00	137.00	127.00	259.00	7.87	-47.10	Sprats	1400.00 - 1600.00	1487.50	1506.25	939.17	-1.24	58.39
Brinjal	60.00 - 100.00	80.91	138.33	513.00	-41.51	-84.23	Sprats (Imported)	1150.00 - 1200.00	1187.50	1281.25	661.54	-7.32	79.51
Capsicum	120.00 - 200.00	172.50	147.27	702.00	17.13	-75.43	Kattawa	1800.00 - 2200.00	2000.00	1992.86			0.36
Pumpkin	60.00 - 80.00	70.00	81.82	166.00	-14.44	-57.83	Kattawa (Imported)	2100.00 - 2200.00	2133.33	2141.67	1748.33	-0.39	22.02
Cucumber	60.00 - 100.00	76.36	80.00	78.00	-4.55	-2.10	Thora	2800.00 - 3000.00	2900.00	2983.33			-2.79
Bitter Gourd	120.00 - 150.00	134.00	155.45	335.00	-13.80	-60.00	Thora (Imported)	3000.00 - 3200.00	3100.00	2808.33			10.39
Snake Gourd	180.00 - 200.00	192.00	179.00	296.00	7.26	-35.14	Mora	2550.00 - 2800.00	2683.33	2691.67	1822.50	-0.31	47.23
Drumstick	-						Mora (Imported)	2500.00 - 2600.00	2550.00	2521.43			1.13
Luffa	180.00 - 220.00	200.00	239.23	324.00	-16.40	-38.27	Balaya	1400.00 - 1550.00	1466.67	1483.33	1175.83	-1.12	24.73
Long Beans	80.00 - 150.00	117.00	143.33	259.00	-18.37	-54.83	Balaya (Imported)	-					
Ash Plantain	70.00 - 140.00	107.00	116.36	123.00	-8.05	-13.01	Anguluwa	1800.00 - 2000.00	1866.67	1850.00			0.90
Green Chillies	180.00 - 250.00	213.00	189.09	560.00	12.64	-61.96	Anguluwa (Imported)	2000.00 - 2150.00	2083.33	1912.50	1575.00	8.93	32.28
Lime	100.00 - 150.00	129.00	103.64	124.00	24.47	4.03	Maduwa	1500.00 - 1700.00	1600.00	1575.00	1281.67	1.59	24.84
<b>Root Crops</b>							Maduwa (Imported)	-					
Sweet Potato	100.00 - 130.00	118.89	123.33	174.00	-3.60	-31.67	Koduwa	-					
Manioc	80.00 - 150.00	121.11	130.00	102.00	-6.84	18.74	Koduwa (Imported)	-					
<b>Leafy Vegetable</b>							Salaya	800.00 - 850.00	825.00	828.57	801.67	-0.43	2.91
Mukunuwenna	110.00 - 120.00	115.00	112.00	100.00	2.68	15.00	Salaya (Imported)	-					
Kankun	110.00 - 120.00	115.00	112.00	100.00	2.68	15.00							
Gotukola	180.00 - 200.00	190.00	250.00	270.00	-24.00	-29.63							

This Week: Week 14: 03 - 09 Apr 2026  
 Last Week: Week 13: 27 Mar - 02 Apr 2026

**Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)**

Week 14: 03 - 09 Apr 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<b>Rice</b>													
<b>Local</b>													
Samba 1	275.00 - 285.00	280.00	279.00	252.74	1.00	10.78	Coconut	165.00 - 200.00	180.75	185.25	202.50	-4.50	-10.74
Samba 2	-	-	-	-	-	-	Large	150.00 - 180.00	158.81	160.00	177.92	-1.19	-10.74
Keeri Samba	370.00 - 390.00	380.00	380.00	303.44	0.00	25.23	Small	-	-	-	-	-	-
Nadu 1	230.00 - 240.00	234.09	230.95	239.83	3.14	-2.39	<b>Fruits (Rs/fruit)</b>						
Nadu 2	-	-	-	-	-	-	<b>Plantain</b>						
Raw (Red)	200.00 - 220.00	216.36	218.10	234.79	-1.73	-7.85	Ambul (Rs/kg)	180.00 - 250.00	217.27	216.19	182.00	1.08	19.38
Raw (White)	210.00 - 230.00	222.95	223.33	230.43	-0.38	-3.25	Kolikuttu (Rs/kg)	350.00 - 450.00	411.00	390.00	351.54	21.00	16.91
<b>Imported</b>													
Samba	-	-	326.67	241.52	-	-	Seeni (Rs/kg)	160.00 - 250.00	210.50	203.75	195.83	6.75	7.49
Nadu	-	-	-	-	-	-	Anamalu	300.00 - 400.00	346.84	393.85	346.09	-47.00	0.22
Raw (Red)	-	-	-	-	-	-	Ambun	300.00 - 400.00	348.50	420.00	361.57	-71.50	-3.61
Raw (White)	-	-	-	-	-	-	Papaw(Rs/kg)	250.00 - 400.00	317.27	372.11	198.33	-54.83	59.97
<b>Dried Chillies</b>													
Imported	1100.00 - 1300.00	1190.48	1225.00	826.47	-34.52	44.04	Passion Fruit	600.00 - 1000.00	808.33	876.92	859.10	-68.59	-5.91
<b>Onion</b>													
Sinnan	-	-	-	-	-	-	Pineapple Large	300.00 - 500.00	412.63	424.44	580.53	-11.81	-28.92
Vedalan	-	-	-	-	-	-	Pineapple Medium	-	-	-	-	-	-
Imported	350.00 - 500.00	401.67	412.61	425.63	-10.94	-5.63	Pineapple Small	-	-	-	-	-	-
<b>Big Onion</b>													
Imported	160.00 - 240.00	197.60	213.91	176.76	-16.31	11.79	<b>Mango</b>						
<b>Local</b>													
<b>Potato</b>													
Welimada	350.00 - 380.00	362.50	356.00	366.67	6.50	-1.14	Betti	-	-	-	-	-	-
N'Eliya	400.00 - 480.00	432.27	405.91	416.67	26.36	3.75	Karthakolomban	500.00 - 800.00	641.18	765.00	849.00	-123.82	-24.48
Imported	180.00 - 240.00	217.60	211.67	220.00	5.93	-1.09	Vilad	450.00 - 600.00	526.67	-	-	-	-
<b>Pulses</b>													
Green Gram	860.00 - 1100.00	957.83	950.00	898.80	7.83	6.57	Kohu	-	-	-	-	-	-
Cowpea (White)	900.00 - 1200.00	1054.21	1040.00	833.64	14.21	26.46	<b>Other</b>						
Cowpea (Red)	900.00 - 1200.00	1040.45	1029.55	849.55	10.91	22.47	Wood Apple	450.00 - 900.00	650.00	635.71	938.16	14.29	-30.72
Red Dhal	300.00 - 370.00	348.18	352.86	297.14	-4.68	17.18	Orange	250.00 - 500.00	421.88	353.57	410.00	68.30	2.90
<b>Vegetable</b>													
Beans (Butter)	-	-	-	-	-	-	Avocado	600.00 - 1000.00	788.46	902.73	761.83	-114.27	3.50
Beans(Green)	300.00 - 450.00	373.60	436.00	591.61	-62.40	-36.85	Slime Apple	400.00 - 700.00	550.00	545.00	305.53	5.00	80.02
Carrot	320.00 - 450.00	390.83	420.00	543.67	-29.17	-28.11	Grapes (Imp., Rs/kg)	2300.00 - 3000.00	2733.33	2690.91	2165.91	42.42	26.20
Leeks	240.00 - 400.00	306.25	343.33	285.17	-37.08	7.39	King Coconut	200.00 - 250.00	227.33	237.00	214.55	-9.67	5.96
Beetroot	140.00 - 360.00	262.40	264.80	470.36	-2.40	-44.21	<b>Sea Fish</b>						
Knolkhol	180.00 - 400.00	278.75	293.33	386.80	-14.58	-27.93	Salaya	800.00 - 900.00	868.57	605.71	501.90	262.86	73.06
Raddish	140.00 - 340.00	245.83	225.38	265.56	20.45	-7.43	Hurulla	1000.00 - 1500.00	1217.33	1218.18	1150.00	-0.85	5.86
Cabbage	180.00 - 360.00	256.67	247.62	378.93	9.05	-32.27	Balaya	1100.00 - 1500.00	1281.82	1458.33	1210.71	-176.52	5.87
Tomato	160.00 - 320.00	230.83	205.38	454.14	25.45	-49.17	Kelawalla	1600.00 - 2800.00	2339.17	2293.75	1990.00	45.42	17.55
Ladies Fingers	240.00 - 360.00	300.95	277.50	394.33	23.45	-23.68	Thora	2800.00 - 4000.00	3453.85	3436.36	2787.50	17.48	23.90
Brinjal	160.00 - 400.00	277.69	309.23	610.32	-31.54	-54.50	Paraw	1500.00 - 2800.00	2121.43	1984.62	1811.76	136.81	17.09
Capsicum	200.00 - 560.00	378.75	370.53	913.70	8.22	-58.55	Mora	1700.00 - 2000.00	1850.00	1868.75	-	-18.75	-
Pumpkin	120.00 - 260.00	205.60	225.45	281.61	-19.85	-26.99	Shrimps	2400.00 - 3000.00	2721.43	2760.53	2344.12	-39.10	16.10
Cucumber	120.00 - 240.00	200.00	213.85	217.42	-13.85	-8.01	Thalpath	2700.00 - 3200.00	2942.86	2645.45	2463.89	297.40	19.44
Bitter Gourd	240.00 - 450.00	333.91	338.18	529.00	-4.27	-36.88	<b>Eggs</b>						
Snake Gourd	260.00 - 400.00	355.45	316.00	423.79	39.45	-16.13	Brown	44.00 - 45.00	44.64	43.50	40.65	1.14	9.83
Drumstick	-	-	930.83	-	-	-	White	42.00 - 43.00	42.64	41.46	38.69	1.18	10.22
Luffa	240.00 - 400.00	332.11	336.67	510.34	-4.56	-34.93	<b>Dried Fish</b>						
Long Beans	180.00 - 360.00	275.91	276.36	418.93	-0.45	-34.14	Sprats	1700.00 - 2400.00	1994.74	2004.76	1609.09	-10.03	23.97
Ash Plantain	180.00 - 340.00	253.04	255.00	250.74	-1.96	0.92	Sprats (Imported)	1300.00 - 1400.00	1375.00	1525.00	1042.11	-150.00	31.94
Green Chillies	350.00 - 600.00	518.85	513.04	882.07	5.80	-41.18	Kattawa	2300.00 - 3200.00	2925.00	2781.25	2322.22	143.75	25.96
Lime	300.00 - 480.00	377.20	372.08	355.00	5.12	6.25	Thora	3200.00 - 4000.00	4000.00	3700.00	-	300.00	-
<b>Root Crops</b>													
Sweet Potato	230.00 - 320.00	267.06	255.83	310.36	11.23	-13.95	Mora	3000.00 - 3400.00	3200.00	2969.23	2473.68	230.77	29.36
Manioc	180.00 - 240.00	219.05	214.17	215.83	4.88	1.49	Balaya	1800.00 - 2400.00	2257.14	2135.71	1697.62	121.43	32.96
<b>Leafy Vegetable</b>													
Mukunuwenna	160.00 - 280.00	230.00	236.25	226.50	-6.25	1.55	Anguluwa	2400.00 - 3000.00	2714.29	2453.85	2258.33	260.44	20.19
Kankun	160.00 - 280.00	230.00	236.25	226.50	-6.25	1.55	Maduwa	-	-	-	-	-	-
Gotukola	250.00 - 320.00	290.56	262.50	258.00	28.06	12.62	Koduwa	-	-	-	-	-	-
<b>Meat</b>													
<b>Beef (without Bones)</b>													
<b>Chicken (Broiler)</b>													
<b>Chicken (Curry)</b>													
<b>Mutton</b>													
<b>Pork</b>													

This Week: Week 14: 03 - 09 Apr 2026  
 Last Week: Week 13: 27 Mar - 02 Apr 2026

**Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)**

Week 14: 03 - 09 Apr 2026

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<b><u>Paddy</u></b>			<b><u>Vegetable (Up Country)</u></b>			<b><u>Snake Gourd</u></b>		
<b>Short Grain</b>			<b>Beans</b>			Dambulla	72.00 - 95.00	83.60
A'pura	130.00 - 135.00	132.00	Dambulla	145.00 - 167.50	158.00	Hambantota	-	
P'narawa	125.00 - 125.00	125.00	Welimada	140.00 - 165.00	155.00	Embilipitiya	140.00 - 150.00	145.00
Kalawewa	130.00 - 135.00	133.00	Badulla	-		Matara	-	
Kurunegala	135.00 - 140.00	137.67	<b>Carrot</b>			A'pura	80.00 - 100.00	88.00
Dehiattakandiya	132.00 - 135.50	134.17	N'Eliya	260.00 - 265.00	263.00	<b>Luffa</b>		
Nikaweratiya	135.00 - 140.00	138.25	Welimada	170.00 - 200.00	183.00	Dambulla	145.00 - 162.50	154.38
Ampara	-		Hanguranketha	220.00 - 270.00	246.67	Hambantota	-	
<b>Long Grain (White)</b>			<b>Leeks</b>			Embilipitiya	160.00 - 170.00	165.00
A'pura	110.00 - 115.00	112.00	N'Eliya	125.00 - 135.00	131.00	Matara	-	
P'narawa	95.00 - 97.00	95.80	Welimada	110.00 - 125.00	118.00	A'pura	120.00 - 140.00	128.00
Kalawewa	110.00 - 115.00	113.00	<b>Beetroot</b>			<b>Green Chillies</b>		
Kurunegala	110.00 - 116.00	113.25	N'Eliya	70.00 - 80.00	75.00	Dambulla	190.00 - 230.00	206.00
Dehiattakandiya	106.00 - 113.00	110.50	Dambulla	90.00 - 95.00	91.67	Hambantota	-	
Embilipitiya	-		Kurunegala	-		Embilipitiya	280.00 - 300.00	290.00
Nikaweratiya	110.00 - 115.00	113.00	Welimada	70.00 - 85.00	80.00	Puttalam	190.00 - 209.00	199.50
Hambantota	-		Hanguranketha	-		A'pura	260.00 - 300.00	276.00
Ampara	-		<b>Knol Khol</b>			<b>Pumpkin</b>		
<b>Long Grain (Red)</b>			N'Eliya	40.00 - 50.00	44.00	Dambulla	45.00 - 55.00	50.00
Matara	105.00 - 110.00	107.50	Welimada	70.00 - 85.00	77.00	Hambantota	-	
Hambantota	95.00 - 100.00	97.50	Hanguranketha	90.00 - 100.00	95.00	Embilipitiya	60.00 - 70.00	65.00
Embilipitiya	105.00 - 107.00	106.00	<b>Raddish</b>			Matara	40.00 - 50.00	45.00
<b>Keeri Samba</b>			N'Eliya	12.00 - 14.00	12.80	A'pura	50.00 - 60.00	54.00
A'pura	165.00 - 170.00	167.00	Welimada	15.00 - 25.00	20.60	Moneragala	50.00 - 60.00	54.00
P'narawa	150.00 - 150.00	150.00	Hambantota	-		<b>Cucumber</b>		
Kalawewa	165.00 - 175.00	171.00	Hanguranketha	20.00 - 30.00	25.00	A'pura	40.00 - 50.00	44.00
Kurunegala	160.00 - 170.00	165.00	<b>Cabbage</b>			Dambulla	48.00 - 62.00	55.80
Dehiattakandiya	172.00 - 179.00	176.00	N'Eliya	60.00 - 70.00	65.00	Hambantota	50.00 - 50.00	50.00
<b>Red Onion</b>			Welimada	40.00 - 55.00	48.00	Matara	-	
Puttalam	171.00 - 190.00	185.25	Badulla	-		<b>Long Beans</b>		
Jaffna	-		Hanguranketha	80.00 - 90.00	85.00	Dambulla	76.00 - 105.00	91.60
<b>Big Onion</b>			<b>Tomato</b>			Hambantota	120.00 - 120.00	120.00
Dambulla	-		Welimada	35.00 - 45.00	39.00	Embilipitiya	130.00 - 150.00	140.00
Kalawewa	-		Hambantota	50.00 - 50.00	50.00	Matara	90.00 - 120.00	106.67
A'pura	-		Dambulla	48.00 - 67.00	57.20	A'pura	110.00 - 130.00	118.00
<b>Potato</b>			Hanguranketha	60.00 - 80.00	70.00	<b>Ash Plantain</b>		
N'Eliya	230.00 - 240.00	234.00	<b>Vegetable (Low Country)</b>			Hambantota	80.00 - 80.00	80.00
Badulla	-		<b>Ladies Fingers</b>			Embilipitiya	70.00 - 80.00	75.00
Welimada	220.00 - 235.00	228.00	A'pura	120.00 - 140.00	128.00	Matara	70.00 - 80.00	75.00
<b>Pulses</b>			Dambulla	90.00 - 105.00	98.00	<b>Lime</b>		
<b>Green Gram</b>			Hambantota	150.00 - 160.00	155.00	Hambantota	100.00 - 100.00	100.00
Hambantota	-		Embilipitiya	150.00 - 160.00	155.00	Embilipitiya	130.00 - 140.00	135.00
Moneragala	650.00 - 700.00	670.00	Matara	90.00 - 120.00	103.33	Moneragala	110.00 - 120.00	114.00
Embilipitiya	740.00 - 750.00	745.00	<b>Brinjal</b>			<b>Fruits (Rs/kg)</b>		
Nikaweratiya	450.00 - 480.00	467.50	A'pura	70.00 - 90.00	78.00	<b>Banana</b>		
A'pura	650.00 - 700.00	670.00	Dambulla	45.00 - 62.00	54.80	<b>Ambul</b>		
<b>Cowpea</b>			Hambantota	50.00 - 50.00	50.00	Moneragala	50.00 - 60.00	54.00
Hambantota	-		Embilipitiya	80.00 - 100.00	90.00	Embilipitiya	50.00 - 80.00	65.00
Nikaweratiya	450.00 - 500.00	476.67	Matara	70.00 - 80.00	73.33	Hambantota	80.00 - 80.00	80.00
Moneragala	-		Welimada	70.00 - 85.00	76.00	<b>Kolikuttu</b>		
Embilipitiya	475.00 - 700.00	586.25	<b>Capsicum</b>			Moneragala	220.00 - 240.00	228.00
<b>Maize</b>			Badulla	-		Embilipitiya	240.00 - 280.00	260.00
A'pura	-		Welimada	200.00 - 220.00	210.00	Hambantota	240.00 - 240.00	240.00
Kalawewa	-		<b>Bitter Gourd</b>			<b>Papaw</b>		
<b>Gingelly</b>			A'pura	100.00 - 120.00	108.00	Moneragala	50.00 - 60.00	54.00
A'pura	-		Dambulla	90.00 - 110.00	99.00	Embilipitiya	150.00 - 160.00	155.00
Kalawewa	-		Hambantota	-		Hambantota	130.00 - 130.00	130.00
<b>Black Gram</b>			Embilipitiya	200.00 - 220.00	210.00	<b>Pineapple</b>		
A'pura	-		Matara	80.00 - 120.00	100.00	Divulapitiya	-	
Kalawewa	-							

**Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)**

**Week 14: 03 - 09 Apr 2026**

27

<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><u>Rice</u></b>									
<b>Local</b>									
Samba 1	275.00 - 280.00	285.00 - 285.00	280.00 - 280.00	280.00 - 285.00	275.00 - 280.00	275.00 - 275.00	280.00 - 285.00	275.00 - 275.00	280.00 - 285.00
Samba 2	-	-	-	-	-	-	-	-	-
Keeri Samba	370.00 - 380.00	380.00 - 385.00	380.00 - 380.00	385.00 - 390.00	380.00 - 385.00	370.00 - 370.00	370.00 - 370.00	-	370.00 - 380.00
Nadu 1	230.00 - 240.00	240.00 - 240.00	230.00 - 240.00	230.00 - 240.00	230.00 - 240.00	240.00 - 240.00	230.00 - 240.00	230.00 - 230.00	230.00 - 240.00
Nadu 2	-	-	-	-	-	-	-	-	-
Raw (Red)	210.00 - 220.00	220.00 - 220.00	210.00 - 220.00	220.00 - 220.00	200.00 - 220.00	220.00 - 220.00	220.00 - 220.00	200.00 - 220.00	210.00 - 220.00
Raw (White)	210.00 - 220.00	230.00 - 230.00	220.00 - 230.00	220.00 - 230.00	220.00 - 230.00	230.00 - 230.00	220.00 - 230.00	210.00 - 220.00	220.00 - 220.00
<b>Imported</b>									
Samba	-	-	-	-	-	-	-	-	-
Nadu	-	-	-	-	-	-	-	-	-
Raw (Red)	-	-	-	-	-	-	-	-	-
Raw (White)	-	-	-	-	-	-	-	-	-
<b><u>Dried Chillies</u></b>									
Imported	1100.00 - 1200.00	1200.00 - 1200.00	1100.00 - 1200.00	1200.00 - 1300.00	1200.00 - 1300.00	1200.00 - 1200.00	1100.00 - 1100.00	1100.00 - 1200.00	1100.00 - 1300.00
<b><u>Red Onion</u></b>									
Sinnan	-	-	-	-	-	-	-	-	-
Vedalan	-	-	-	-	-	-	-	-	-
Imported	350.00 - 400.00	380.00 - 400.00	380.00 - 480.00	480.00 - 500.00	400.00 - 480.00	360.00 - 400.00	360.00 - 400.00	350.00 - 400.00	360.00 - 400.00
<b><u>Big Onion</u></b>									
Imported	160.00 - 200.00	200.00 - 220.00	180.00 - 200.00	200.00 - 240.00	200.00 - 240.00	200.00 - 200.00	160.00 - 200.00	160.00 - 180.00	200.00 - 220.00
Local	-	-	-	-	-	-	-	-	-
<b><u>Potato</u></b>									
Welimada	350.00 - 360.00	-	-	-	360.00 - 380.00	-	-	-	-
N'Eliya	400.00 - 450.00	440.00 - 440.00	400.00 - 450.00	460.00 - 480.00	400.00 - 480.00	400.00 - 400.00	400.00 - 440.00	450.00 - 460.00	460.00 - 480.00
Imported	180.00 - 200.00	240.00 - 240.00	180.00 - 220.00	220.00 - 240.00	200.00 - 240.00	200.00 - 220.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00
<b><u>Pulses</u></b>									
Green Gram	860.00 - 880.00	1000.00 - 1000.00	950.00 - 1000.00	950.00 - 1100.00	950.00 - 1000.00	950.00 - 950.00	880.00 - 900.00	900.00 - 980.00	950.00 - 1000.00
Cowpea (White)	900.00 - 1000.00	1200.00 - 1200.00	900.00 - 1200.00	950.00 - 1200.00	1100.00 - 1200.00	980.00 - 980.00	1000.00 - 1000.00	1000.00 - 1000.00	1000.00 - 1200.00
Cowpea (Red)	900.00 - 1000.00	1200.00 - 1200.00	900.00 - 1100.00	950.00 - 1200.00	1100.00 - 1200.00	980.00 - 980.00	1100.00 - 1100.00	1000.00 - 1100.00	1100.00 - 1200.00
Red Dhal	340.00 - 360.00	300.00 - 300.00	340.00 - 360.00	360.00 - 370.00	360.00 - 370.00	340.00 - 340.00	300.00 - 320.00	340.00 - 360.00	340.00 - 370.00

**Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)**

**Week 14: 03 - 09 Apr 2026**

28

<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Vegetable</i></b>									
Beans	300.00 - 350.00	420.00 - 450.00	320.00 - 340.00	400.00 - 450.00	420.00 - 450.00	360.00 - 400.00	300.00 - 350.00	400.00 - 450.00	300.00 - 400.00
Carrot	340.00 - 400.00	450.00 - 450.00	400.00 - 400.00	400.00 - 450.00	360.00 - 400.00	400.00 - 400.00	320.00 - 400.00	320.00 - 450.00	320.00 - 450.00
Leeks	240.00 - 260.00	400.00 - 400.00	280.00 - 320.00	360.00 - 400.00	260.00 - 280.00	320.00 - 320.00	250.00 - 280.00	320.00 - 350.00	320.00 - 320.00
Beetroot	150.00 - 160.00	320.00 - 360.00	240.00 - 280.00	360.00 - 360.00	280.00 - 280.00	240.00 - 260.00	140.00 - 240.00	240.00 - 320.00	320.00 - 320.00
Knolkhol	180.00 - 200.00	360.00 - 400.00	260.00 - 280.00	350.00 - 360.00	280.00 - 300.00	240.00 - 240.00	200.00 - 240.00	360.00 - 400.00	240.00 - 240.00
Raddish	140.00 - 160.00	280.00 - 340.00	320.00 - 340.00	320.00 - 340.00	220.00 - 240.00	-	150.00 - 160.00	240.00 - 260.00	240.00 - 240.00
Cabbage	200.00 - 240.00	320.00 - 360.00	260.00 - 280.00	360.00 - 360.00	280.00 - 280.00	240.00 - 260.00	180.00 - 240.00	200.00 - 240.00	200.00 - 240.00
Tomato	160.00 - 200.00	320.00 - 320.00	200.00 - 220.00	240.00 - 260.00	200.00 - 220.00	200.00 - 240.00	160.00 - 200.00	240.00 - 260.00	320.00 - 320.00
Ladies Fingers	240.00 - 260.00	360.00 - 360.00	320.00 - 340.00	320.00 - 340.00	320.00 - 340.00	280.00 - 320.00	240.00 - 260.00	-	240.00 - 320.00
Brinjal	160.00 - 240.00	320.00 - 400.00	260.00 - 280.00	360.00 - 400.00	240.00 - 260.00	280.00 - 320.00	160.00 - 180.00	240.00 - 260.00	400.00 - 400.00
Capsicum	200.00 - 220.00	480.00 - 560.00	320.00 - 340.00	560.00 - 560.00	360.00 - 400.00	400.00 - 450.00	200.00 - 300.00	480.00 - 500.00	400.00 - 400.00
Pumpkin	120.00 - 140.00	200.00 - 240.00	260.00 - 260.00	230.00 - 240.00	240.00 - 260.00	240.00 - 240.00	120.00 - 160.00	200.00 - 240.00	200.00 - 240.00
Cucumber	120.00 - 180.00	240.00 - 240.00	160.00 - 180.00	240.00 - 240.00	240.00 - 240.00	160.00 - 160.00	120.00 - 160.00	200.00 - 240.00	200.00 - 240.00
Bitter Gourd	240.00 - 260.00	400.00 - 450.00	320.00 - 340.00	420.00 - 450.00	400.00 - 450.00	320.00 - 320.00	240.00 - 260.00	360.00 - 400.00	320.00 - 320.00
Snake Gourd	260.00 - 280.00	320.00 - 400.00	360.00 - 400.00	400.00 - 400.00	360.00 - 400.00	-	300.00 - 360.00	400.00 - 400.00	320.00 - 400.00
Drumstick	-	-	-	-	-	-	-	-	-
Luffa	240.00 - 280.00	360.00 - 400.00	360.00 - 400.00	400.00 - 400.00	400.00 - 400.00	-	260.00 - 350.00	400.00 - 400.00	400.00 - 400.00
Long Beans	240.00 - 260.00	360.00 - 360.00	260.00 - 280.00	320.00 - 360.00	320.00 - 320.00	-	180.00 - 200.00	300.00 - 320.00	320.00 - 320.00
Ash Plantain	200.00 - 220.00	340.00 - 340.00	260.00 - 280.00	340.00 - 340.00	260.00 - 280.00	240.00 - 240.00	180.00 - 240.00	240.00 - 280.00	240.00 - 320.00
Green Chillies	360.00 - 400.00	500.00 - 600.00	560.00 - 600.00	560.00 - 600.00	500.00 - 550.00	600.00 - 600.00	350.00 - 450.00	500.00 - 600.00	600.00 - 600.00
Lime	300.00 - 360.00	300.00 - 450.00	400.00 - 480.00	400.00 - 450.00	300.00 - 350.00	400.00 - 400.00	300.00 - 300.00	400.00 - 450.00	400.00 - 400.00
<b><i>Root Crops</i></b>									
Sweet Potato	240.00 - 260.00	240.00 - 320.00	260.00 - 280.00	320.00 - 320.00	260.00 - 280.00	-	230.00 - 240.00	320.00 - 320.00	320.00 - 320.00
Manioc	220.00 - 240.00	200.00 - 240.00	220.00 - 240.00	220.00 - 240.00	200.00 - 220.00	-	180.00 - 200.00	220.00 - 220.00	200.00 - 200.00
<b><i>Leafy Vegetable</i></b>									
Mukunuwenna	160.00 - 180.00	240.00 - 270.00	240.00 - 240.00	240.00 - 270.00	240.00 - 270.00	210.00 - 240.00	160.00 - 180.00	240.00 - 280.00	240.00 - 240.00
Kankun	160.00 - 180.00	240.00 - 270.00	240.00 - 240.00	240.00 - 270.00	240.00 - 270.00	210.00 - 240.00	160.00 - 180.00	280.00 - 280.00	240.00 - 250.00
Gotukola	250.00 - 260.00	300.00 - 320.00	280.00 - 300.00	320.00 - 320.00	300.00 - 320.00	300.00 - 320.00	250.00 - 280.00	280.00 - 320.00	250.00 - 260.00
<b><i>Coconut</i></b>									
Large	165.00 - 170.00	170.00 - 180.00	180.00 - 190.00	190.00 - 200.00	170.00 - 180.00	170.00 - 180.00	180.00 - 190.00	180.00 - 180.00	170.00 - 180.00
Small	150.00 - 155.00	150.00 - 160.00	160.00 - 170.00	170.00 - 180.00	160.00 - 165.00	155.00 - 160.00	160.00 - 170.00	150.00 - 160.00	150.00 - 160.00

**Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/kg,king Coconut Rs/nut)**

**Week 14: 03 - 09 Apr 2026**

29

CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<b><i>Plantain</i></b>									
Ambul	180.00 - 200.00	230.00 - 240.00	250.00 - 250.00	240.00 - 240.00	200.00 - 230.00	200.00 - 250.00	180.00 - 220.00	200.00 - 220.00	220.00 - 220.00
Kolikuttu	350.00 - 400.00	440.00 - 450.00	450.00 - 450.00	400.00 - 430.00	400.00 - 450.00	400.00 - 450.00	380.00 - 380.00	380.00 - 400.00	380.00 - 380.00
Seeni	160.00 - 200.00	220.00 - 240.00	250.00 - 250.00	230.00 - 240.00	200.00 - 220.00	200.00 - 200.00	160.00 - 160.00	200.00 - 200.00	220.00 - 220.00
Anamalu	350.00 - 380.00	360.00 - 360.00	400.00 - 400.00	350.00 - 380.00	350.00 - 400.00	300.00 - 350.00	300.00 - 320.00	300.00 - 320.00	320.00 - 320.00
Ambun	350.00 - 380.00	360.00 - 360.00	380.00 - 400.00	350.00 - 380.00	350.00 - 400.00	300.00 - 350.00	300.00 - 320.00	300.00 - 320.00	320.00 - 320.00
<b><i>Pineapple</i></b>									
Large	480.00 - 500.00	300.00 - 400.00	450.00 - 500.00	400.00 - 400.00	380.00 - 400.00	400.00 - 400.00	400.00 - 400.00	380.00 - 450.00	400.00 - 400.00
Medium	-	-	-	-	-	-	-	-	-
Small	-	-	-	-	-	-	-	-	-
<b><i>Mango</i></b>									
Betti	-	-	-	-	-	-	-	-	-
Karthakolomban	600.00 - 700.00	500.00 - 500.00	800.00 - 800.00	600.00 - 800.00	600.00 - 800.00	500.00 - 500.00	500.00 - 600.00	700.00 - 700.00	600.00 - 600.00
Vilad	550.00 - 600.00	450.00 - 450.00	500.00 - 500.00	600.00 - 600.00	450.00 - 600.00	500.00 - 500.00	500.00 - 500.00	500.00 - 550.00	500.00 - 500.00
Kohu	-	-	-	-	-	-	-	-	-
<b><i>Other Fruits</i></b>									
Wood Apple	450.00 - 600.00	600.00 - 700.00	700.00 - 800.00	900.00 - 900.00	700.00 - 700.00	600.00 - 600.00	450.00 - 450.00	550.00 - 600.00	800.00 - 900.00
Orange	300.00 - 400.00	400.00 - 500.00	500.00 - 500.00	450.00 - 500.00	450.00 - 500.00	500.00 - 500.00	250.00 - 250.00	400.00 - 400.00	250.00 - 250.00
Avocado	700.00 - 800.00	600.00 - 600.00	-	1000.00 - 1000.00	1000.00 - 1000.00	600.00 - 600.00	700.00 - 700.00	700.00 - 800.00	900.00 - 900.00
Slime Apple	400.00 - 500.00	400.00 - 400.00	700.00 - 700.00	600.00 - 700.00	500.00 - 600.00	450.00 - 500.00	400.00 - 400.00	400.00 - 500.00	600.00 - 600.00
Grapes	2300.00 - 2400.00	2300.00 - 2300.00	3000.00 - 3000.00	2500.00 - 3000.00	3000.00 - 3000.00	2500.00 - 3000.00	-	2400.00 - 2400.00	2600.00 - 2600.00
Papaw	280.00 - 350.00	280.00 - 320.00	400.00 - 400.00	340.00 - 380.00	300.00 - 350.00	250.00 - 300.00	250.00 - 280.00	300.00 - 350.00	300.00 - 300.00
Passion	600.00 - 800.00	800.00 - 800.00	900.00 - 1000.00	1000.00 - 1000.00	700.00 - 800.00	800.00 - 800.00	600.00 - 600.00	1000.00 - 1000.00	800.00 - 800.00
King Coconut	220.00 - 250.00	220.00 - 250.00	250.00 - 250.00	230.00 - 250.00	200.00 - 220.00	200.00 - 200.00	200.00 - 220.00	220.00 - 220.00	250.00 - 250.00

**Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)**

**Week 14: 03 - 09 Apr 2026**

30

<b>CROP</b>	<b>PELIYAGODA</b>	<b>MAHARAGAMA</b>	<b>KIRULAPONE</b>	<b>NUGEGODA</b>	<b>NARAHENPITA</b>	<b>DEMATAGODA</b>	<b>THOTALANGA</b>	<b>KADAWATHA</b>	<b>KIRIBATHGODA</b>
<b><i>Sea Fish</i></b>									
Salaya	850.00 - 900.00	900.00 - 900.00	800.00 - 900.00	900.00 - 900.00	880.00 - 880.00	880.00 - 880.00	850.00 - 880.00	840.00 - 880.00	850.00 - 850.00
Hurulla	1000.00 - 1200.00	1400.00 - 1400.00	1500.00 - 1500.00	1400.00 - 1400.00	1260.00 - 1260.00	1280.00 - 1280.00	1100.00 - 1200.00	1200.00 - 1320.00	1200.00 - 1200.00
Balaya	1100.00 - 1200.00	-	1500.00 - 1500.00	1500.00 - 1500.00	1100.00 - 1100.00	1300.00 - 1300.00	1300.00 - 1400.00	1300.00 - 1300.00	-
Kelawalla	1600.00 - 1700.00	2800.00 - 2800.00	2600.00 - 2800.00	-	2720.00 - 2720.00	-	2200.00 - 2400.00	2400.00 - 2800.00	2400.00 - 2400.00
Thora	2800.00 - 3000.00	3400.00 - 3400.00	4000.00 - 4000.00	3600.00 - 3600.00	3800.00 - 3800.00	3500.00 - 3500.00	3300.00 - 3400.00	3600.00 - 3600.00	-
Paraw	1500.00 - 1600.00	2400.00 - 2400.00	2400.00 - 2400.00	2800.00 - 2800.00	2600.00 - 2600.00	2400.00 - 2400.00	2000.00 - 2000.00	2000.00 - 2000.00	2000.00 - 2000.00
Mora	1700.00 - 1800.00	-	-	-	2000.00 - 2000.00	-	1800.00 - 2000.00	1800.00 - 1800.00	2000.00 - 2000.00
Shrimps Small	2600.00 - 2800.00	2400.00 - 2400.00	2600.00 - 3000.00	2800.00 - 2800.00	3000.00 - 3000.00	2800.00 - 2800.00	2600.00 - 2700.00	2600.00 - 2800.00	2700.00 - 2700.00
Talapath	2700.00 - 2900.00	3000.00 - 3000.00	3200.00 - 3200.00	3000.00 - 3000.00	3000.00 - 3000.00	3200.00 - 3200.00	2800.00 - 3000.00	2800.00 - 2800.00	2800.00 - 2800.00
<b><i>Eggs (Rs/egg)</i></b>									
Brown	44.00 - 45.00	45.00 - 45.00	45.00 - 45.00	45.00 - 45.00	45.00 - 45.00	44.00 - 45.00	44.00 - 45.00	44.00 - 45.00	44.00 - 44.00
White	42.00 - 43.00	43.00 - 43.00	43.00 - 43.00	42.00 - 43.00	43.00 - 43.00	42.00 - 43.00	42.00 - 43.00	42.00 - 43.00	43.00 - 43.00
<b><i>Dried Fish</i></b>									
Sprats	1700.00 - 1800.00	1800.00 - 2000.00	1800.00 - 1800.00	2000.00 - 2200.00	1800.00 - 2400.00	1700.00 - 2000.00	2000.00 - 2200.00	2200.00 - 2400.00	2400.00 - 2400.00
Kattawa	-	2800.00 - 3000.00	2800.00 - 2800.00	3200.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	2300.00 - 2300.00	-	2600.00 - 2800.00
Thora	-	-	-	-	4000.00 - 4000.00	-	3200.00 - 3200.00	3200.00 - 3500.00	-
Mora	-	-	3200.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3200.00	-	3000.00 - 3200.00	3200.00 - 3200.00	3200.00 - 3400.00
Balaya	1800.00 - 1800.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2400.00	-	-	2400.00 - 2400.00	2400.00 - 2400.00	2200.00 - 2400.00
Anguluwa	-	2800.00 - 3000.00	2600.00 - 2600.00	2800.00 - 3000.00	2800.00 - 2800.00	2800.00 - 2800.00	2400.00 - 2400.00	2400.00 - 2400.00	2400.00 - 2800.00
Salaya	1000.00 - 1200.00	1000.00 - 1100.00	1000.00 - 1100.00	1100.00 - 1200.00	1000.00 - 1100.00	1000.00 - 1000.00	1000.00 - 1200.00	1000.00 - 1200.00	1000.00 - 1200.00
<b><i>Meat</i></b>									
Beef (without Bones)	-	3000.00 - 3000.00	3000.00 - 3000.00	3000.00 - 3000.00	3000.00 - 3000.00	-	3000.00 - 3000.00	3000.00 - 3000.00	3000.00 - 3000.00
Chicken (Broiler)	1450.00 - 1450.00	1450.00 - 1450.00	1450.00 - 1450.00	1450.00 - 1450.00	1400.00 - 1400.00	1400.00 - 1450.00	1480.00 - 1480.00	1450.00 - 1450.00	1450.00 - 1450.00
Chicken (Curry)	-	-	-	1350.00 - 1350.00	1250.00 - 1250.00	1250.00 - 1250.00	-	-	-
Mutton	-	4500.00 - 4500.00	4400.00 - 4400.00	4500.00 - 4500.00	4400.00 - 4400.00	4200.00 - 4200.00	4400.00 - 4400.00	4400.00 - 4400.00	4200.00 - 4200.00
Pork	-	-	2800.00 - 2800.00	-	-	-	2700.00 - 2700.00	-	2700.00 - 2700.00

## Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
<b>Rice</b>												
Rice - (white Kekulu - normal )	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - ( Red Kekulu - normal )	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
<b>Dried chilies</b>	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
<b>Onion</b>												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
<b>Potatoes</b>	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
<b>Pulses</b>												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
<b>Vegetables</b>												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44
<b>Coconuts nuts</b>	<b>390</b>	<b>3.67</b>	<b>39.92</b>	<b>-</b>	<b>0.05</b>	<b>0.11</b>	<b>14.86</b>	<b>-</b>				

<b>Root Crop</b>												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
<b>Leafy Vegetables</b>												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
<b>Meat</b>												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
<b>Fish</b>												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

#### Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

#### Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

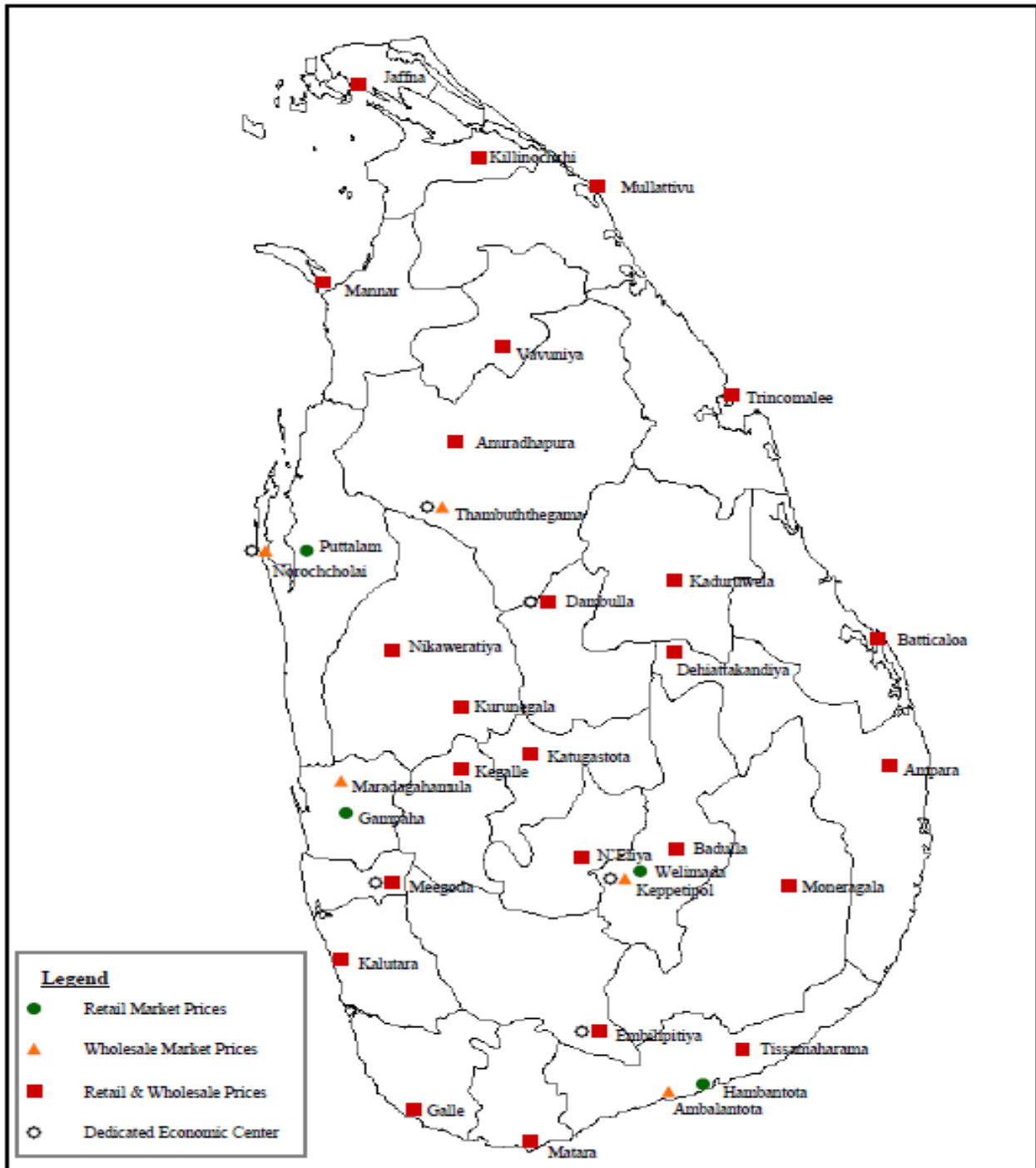
#### Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

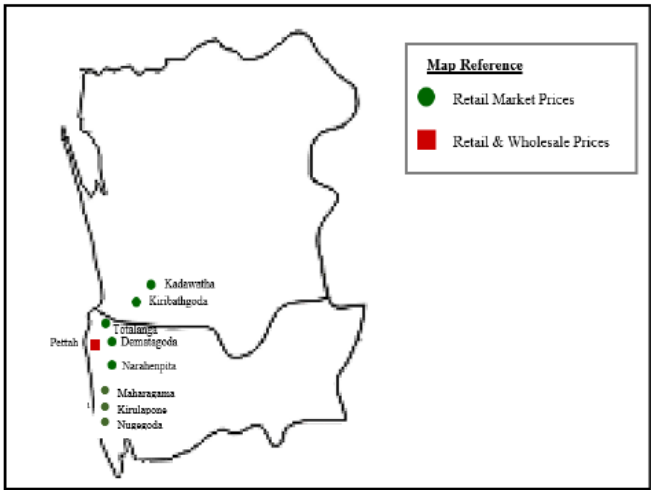
**Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.**

# Price Collecting Areas



**Legend**

- Retail Market Prices
- ▲ Wholesale Market Prices
- Retail & Wholesale Prices
- Dedicated Economic Center





HARTI



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**දෛනික චිළචිඵ තොග මිල, ජංගම දුරකථනයෙන්**

හෙක්ටර් කොච්චෑකඩුව ගොවි කටයුතු පර්යේෂණ හා පුහුණුධර්මේ ආයතනය අනුමුතයෙන්

**මොබිටෙල් ජංගම මිල දර්ශනය**

ජාතික ජංගම දුරකථන ජාලයෙන්

**6666**  
අමතන්න.

මොබිටෙල් අද මිල - අඟ පහ

මොබිටෙල් ජංගම දුරකථන ජාලයෙන් චිළචිඵ තොග මිල දැරෙන්න.

විකාචයකට රු.2/-

විකාචයකට රු.2/-